## Vermont's Integrated Communities Care Management Learning Collaborative Webinar #2 April 15, 2015

The webinar will begin shortly. Please note that all participants will be placed on mute during the webinar. If you have a question for the presenters, please either "raise your hand" so that we can take you off mute, or type your question into the text box.



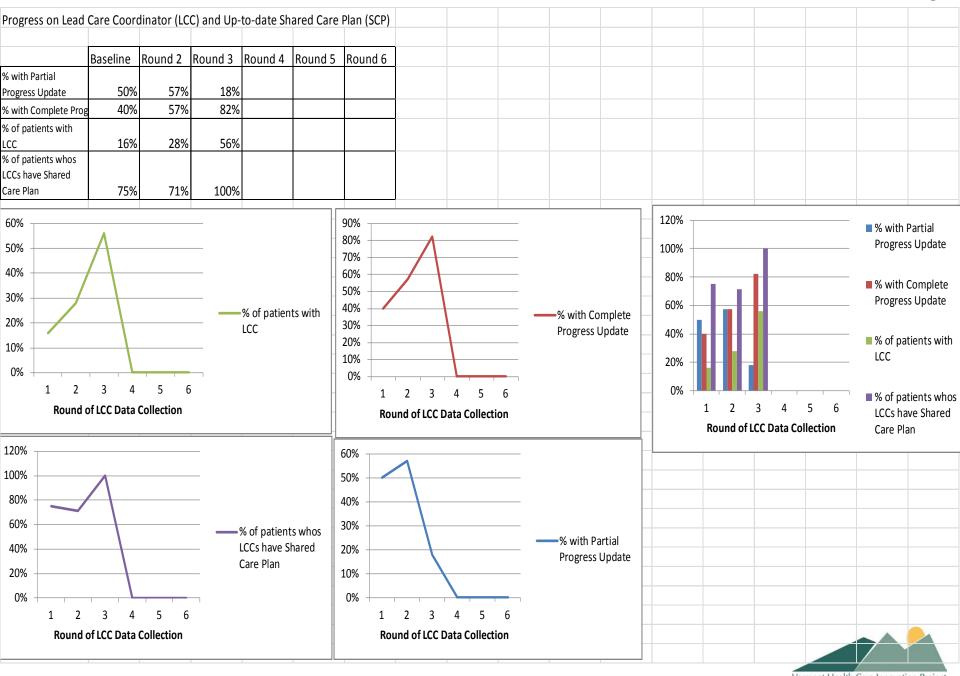
#### **Overview of Today's Agenda:**

Time Frame	Agenda Item	Speaker			
12:00 - 12:10	<ul> <li>Welcome &amp; Updates</li> <li>Welcome Bruce Saffran, Quality Improvement Facilitator</li> <li>St. Johnsbury Lead Care Coordinator Identification</li> </ul>	Erin Flynn Senior Policy Advisor, Department of Vermont Health Access Bruce Saffran Quality Improvement Facilitator, Vermont Program for Quality in Health Care Laural Ruggles, MPH, MBA VP Marketing and Community Health Improvement, Northeastern Vermont Regional Hospital			
12:10 – 12:55	<ul> <li>Case Consultations with Lauran Hardin</li> <li>12:10 – 12:25 Rutland</li> <li>12:25 – 12:40 Burlington</li> <li>12:40 – 12:55 St. Johnsbury</li> </ul>	Lauran Hardin MSN, RN-BC, CNL Director Complex Care, Mercy Health System			
12:55 – 1:00	Preview of Learning Session 3: May 19 <sup>th</sup> , 2015 at Norwich University	Jenney Samuelson Assistant Director, Blueprint for Health			

#### Bruce Saffran, BS, RN Quality Improvement Facilitator Phone: (802) 262-1306 BruceS@vpqhc.org | www.vpqhc.org



Inter Nu	mber of ID	d Candidat	te Patients:	25								
	Lead Care Coordinator (LCC)								Designated Mental Health Agency (DA)		РСМН	
Patient ID	LCC (Y/N)	LCC Last Name	LCC First Name		Shared care plan (N/P/C)	Date of most recent care conference (MM/DD/YYYY)	Interval between care conferences (Days)	Particpating in care team (Y/N)	progress report on file (N/P/C)	Particpating in care team (Y/N)	progress report on file(N/P/C))	
	1 Yes	Alden	Jack		Complete			Yes	Partial	Yes	Complete	
	2 Yes	Steele			None			Yes	Partial	Yes	Complete	
3 Yes		Alden			Partial			Yes	Partial			
4 Yes		Jones			Partial			Yes	complete			
5 Yes		Jones	Terry		None			No	Partial			
6 Yes		Jones	Terry		Complete			Yes	complete			
	7 No											
8 Yes		Steele	Alison		Partial			No	none			
9 No												
10 No												
11 No												
12 No												
13 No												
14 No												
15 No												
16 No												
17 No												
	8 No											
	9 No											
	0 No											
	1 No											
	2 No											
	3 No											
	4 No											
2	5 No											



Vermont Health Care Innovation Project

#### **Case Study Exercise with Lauran Hardin**

#### Lauran Hardin MSN, RN-BC, CNL Director Complex Care Mercy Health System Grand Rapids, Michigan





### **Rutland Case Study**

- **S.W:** 47 y/o female
- **MVP** insurance
- Medical Dx: Migraines, Fibromyalgia, Diabetes, OSA, GERD, COPD
- Psych Dx: Major Depressive Disorder, 3 previous suicide attempts
- In the past year:
  - 89 visits to ED in Rutland Regional Medical Center
  - 4 inpatient admissions to Dartmouth Hitchcock



### Rutland Case Study (cont'd)

- Root Cause: Mental Health, daughter with addiction
- At the table: PCP, Community Health Team, Rutland Regional Medical Center, ED, Dartmouth Hitchcock Neuro
- Primary reason for ED visit: Headache
- Who we would like to have at the table: (the above participants) and MD from ED, MD from Neuro at Dartmouth, MVP (insurer) case manager, BHT clinician
- Other factors: 4 year pattern of ED visits, system barriers related to Mental Health, and how and when to involve the family in care planning?



### **Burlington Case Study**

- Sleeping Beauty: 12 year old female
- Medicaid: Insurance
- Medical Dx: Asthma, Obesity, Scoliosis
- **Psyc Dx:** Depression
- In the past year: 11 ED visits for back pain, falls, rib pain & pharyingitis



#### **Burlington Case Study (cont'd)**

- Root Cause: ??
- At the table: PCP, CHT social worker, school counselor at Williston Central
- Who we would like to have at the table: Mom, patient, family supports, possible orthopedics, behavioral health
- Other issues: Mom has family history of loss including parent suicide, sibling death
- System barriers: financial issues/generational poverty



### St. Johnsbury Case Study

- P. S: 58 y/o female
- Medicare/Medicaid
- **Medical Dx:** COPD, Hypertension, Hyperlipidemia, Hepatitis C, Multinodular Thyroid Disorder, Charcot Marie Tooth Disease, Allergic rhinitis, Tobacco use Disorder (currently vaping), Migraine, Chronic Pain.
- **Psyc Dx:** Polysubstance Abuse, Depression, Anxiety, Panic Disorder, Multiple Suicide Attempts. Self reports of OCD and ADD.
- In the past year:
  - 12 ER visits, mostly for COPD exacerbation vs Anxiety, one for Over Dose and one for Abscess Tooth.
  - 1 inpatient admission for Over Dose.



#### St. Johnsbury Case Study (cont'd)

- Root Cause: Anxiety
- At the table: PCP, CHT, NEKHS, Suboxone Provider/Counselor,
- **Barriers to stabilization:** This patient is very difficult to reach. She only returns calls periodically and frequently no-shows her appts. Transportation is frequently listed as a reason she cancels.
- Team: Gidget Doty at CCC SJCHC, Lew Apgar at Community Connections, Lily Cargill, APRN at NEKHS, Dr. Kahn at White River Junction for Suboxone, and Judy in his office for counseling, Dr. Jedlovszky for COPD.



# May 19<sup>th</sup> In-Person Learning Session

- Format is similar to previous sessions:
  - All-day; 8:30 AM to 4:00 PM
  - Expert faculty will be Jeanne W. McAllister, BSN, MS, MHA;
     Associate Research Professor of Pediatrics at Indiana
     University School of Medicine (Recall that her work was heavily cited by Dr. Jill Rinehart and Team at learning session #1)
  - Morning and afternoon presentations on achieving optimal communication in multi-organizational teams
  - Morning and afternoon breakout sessions for Community Teams
  - Closing report-out from each team



# May 19<sup>th</sup> In-Person Learning Session (cont.)

- Location is the same as March in-person learning session:
  - Norwich University in Northfield, VT Cabot Building (students are on break – ample parking available!)
  - Auditorium for community-wide presentations; nearby classrooms for breakout sessions; lunch in nearby student center
- Please bring with you:
  - binders from Learning Session 1 & 2
  - copies of PDSA tests of change
  - agreements, forms, patient engagement tools- anything you want to share with other groups

# **Closing Remarks**

- Thank you all for your participation in today's webinar. We will distribute slides from today's presentations via email as soon as possible.
- Should you have any further questions on material covered in today's webinar, please contact your community lead:

-Burlington: Deb Andrews,

Deborah.Andrews@uvmhealth.org

-Rutland: Sarah Narkewicz, <u>snarkewicz@rrmc.org</u>

-St. Johnsbury: Laural Ruggles, L.Ruggles@nvrh.org

Or contact Nancy Abernathey, Quality Improvement Facilitator, at <u>n.abernathey@gmail.com</u> or Bruce Saffran at <u>BruceS@vpqhc.org</u>

