

**MEMORANDUM OF UNDERSTANDING
BETWEEN THE DEPARTMENT OF VERMONT HEALTH ACCESS AND THE
DEPARTMENT OF AGING AND INDEPENDENT LIVING
JULY 2014**

The Department of Vermont Health Access (DVHA) and the Department of Disabilities, Aging and Independent Living (DAIL) will collaborate on InvestEAP's *Resilient Vermont* program and develop a model for reducing stress and preventing chronic disease among workers.

Purpose

This Memorandum of Understanding (MOU) agreement relates to health care innovation services provided by InvestEAP under DAIL.

In 2013, the State was awarded a State Innovation Model (SIM) federal grant to support the work outlined below as part of the Vermont Health Care Innovation Project (VHCIP). This MOU is a sub-award as a part of the VHCIP Grant Program, which solicited proposals in early 2014.

InvestEAP is Vermont's public/private employee assistance program which operates under DAIL. InvestEAP will expand their services and partner with Northern Counties Health Care, a Federally Qualified Health Center, to demonstrate the impact of integrating an innovative stress prevention and early intervention program with traditional primary care delivery. The program will research the effects of early intervention aimed at the social determinants of health and the root causes of stress to produce improved health outcomes and reduce medical expenditures.

DVHA agrees to transfer up to \$249,987 to DAIL for the purpose of supporting InvestEAP's *Resilient Vermont* initiative.

Term of Agreement

This MOU will be in effect upon July 1, 2014 and will end on August 31, 2016. This MOU shall be amended as necessary.

Contacts

DVHA

Name: Jessica Mendizabal **Title:** Contracts and Grants Administrator
Phone: (802) 878-0758 **E-mail:** jessica.mendizabal@state.vt.us

DAIL

Name: Linda DuCharme **Title:** Financial Manager III
Phone: (802) 871-3212 **E-mail:** linda.ducharme@state.vt.us

InvestEAP

Name: Steve Dickens **Title:** Director
Phone: (802) 863-7509 **Email:** steved@investeap.org

Deliverables and Timeline

1. *Resilient Vermont* will provide the following comprehensive services to patients of Northern Counties Health Care:
 - a. Toll-free hotline to be answered live 24 hours per day, 7 days per week by a licensed counselor.
 - b. Provide short-term (1-5 sessions), solution-focused counseling to build resiliency and resolve problems.
 - c. Access to research and resource information for help with daily life challenges such as: Daycare; Eldercare; Parenting, and Adoption.
 - d. Access to a Life Resource counselor for help with issues such as: Credit problems; Transportation; Housing; Fuel Assistance; Economic Services; Social Services; Legal problems, and Employment.
 - e. Consultation with a Vermont-based attorney for legal problems coupled with a 25% fee reduction when needing to retain such an attorney for a court case.
 - f. Consultation with a licensed financial professional to help with debt problems, budgeting, retirement planning and related matters.
 - g. Disability management resources, including access to assistive technologies to help with job accommodations; help with employment; benefits counseling, and certain paid services to ensure the success of people with disabilities already in the workplace.
 - h. Wellness and resource workshops that we will offer at local community health centers.
 - i. Whole-life bio-psycho-social assessment with recommendations and help building resiliency.
 - j. Facilitate warm referrals for ongoing mental health and substance abuse counseling.
2. The appended timeline is subject to modifications and shall be updated as necessary.

Evaluation and Expected Outcomes

InvestEAP will evaluate the success of the *Resilient Vermont* program utilizing pre-test and post-test instruments that measure both: health behaviors known to be correlated with reduced healthcare expenditures and; specific health outcomes.

InvestEAP will also perform a qualitative analysis utilizing audiotape interviews with select patients to be transcribed and analyzed.

Anticipated Outcomes include:

1. Reduced severity and frequency of chronic health conditions.
2. Improved overall self-perception of health.
3. Improved self-perception of stress.
4. Reduced expenditures on chronic health conditions (for both individuals and dependents).
5. Reduced overall expenditures on health care (for both individuals and dependents).

Reporting Provisions

1. Quarterly and programmatic status reports shall be submitted to DVHA no later than the 10th of the month following the 3 month period being reported. The reports shall include a narrative summary outlining specific progress on projects as directed by the reporting templates provided.

The reporting schedule is as follows:

- a. 2014: October 10
 - b. 2015: January 10, April 10, July 10, October 10
 - c. Final Report Due: December 30, 2015
2. InvestEAP shall prepare and present programmatic reports to the VHCIP work groups, Steering Committee or Core Team as requested.

Payment Provisions

DAIL agrees to submit quarterly invoices to DVHA detailing a report of expenditure by the 25th day of the month following each fiscal quarter for expenses relating to the included budget.

- Expenses incurred from July 1, 2014 through August 31, 2016 directly relating to the State Innovation Models Grant and as outlined in the included budget will be found allowable.
- Based on the quarterly expenditure reports, DVHA will initiate an interdepartmental transfer to reimburse DAIL for these expenditures by the 30th day after receipt of the report. Notification of the transfer will be sent via email to Linda DuCharme in the DAIL business office at Linda.DuCharme@state.vt.us.
- Funds transfer to DAIL by DVHA will be for the following expense:

Budget Category	Total
Personnel	\$ -
Fringe	\$ -
Travel	\$ 7,850.00
Equipment	\$ 2,300.00
Supplies	\$ 33,500.00
Other	\$ 36,950.00
Contracts	\$ 149,400.00
Total Direct Costs	\$ 230,000.00
Indirect	\$ 19,987.00
Total	\$ 249,987.00

Funding

CFDA Title: State Innovation Models

CFDA Number: 93.624

Award Name: State Innovation Models: Funding for Model Design

Award Number: 1G1CMS331181

Award Year: FFY14

Federal Granting Agency: Centers for Medicare & Medicaid Services

Research and Development Grant? Yes No

The provisions of this Memorandum of Understanding are hereby entered into and agreed to by virtue of the authorized signatures below:

<hr/> <p>Mark Larson, Commissioner Department of Vermont Health Access</p> <hr/> <p>Date</p> <hr/> <p>Steve Dickens, Director InvestEAP</p> <hr/> <p>Date</p>	<hr/> <p>Susan Wehry, Commissioner Department of Aging and Independent Living</p> <hr/> <p>Date</p> <hr/> <p>Diane Dalmasse, Director of VR Department of Aging and Independent Living</p> <hr/> <p>Date</p>
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