

VT Health Care Innovation Project - Payment Model Design and Implementation Work Group Meeting Agenda

Monday, June 20, 2016 1:00 PM – 3:00 PM.

DVHA Large Conference Room, 312 Hurricane Lane, Williston

Call in option: 1-877-273-4202 Conference Room: 2252454

Item #	Time Frame	Topic	Presenter	Decision Needed?	Relevant Attachments
1	1:00-1:05	Welcome and Introductions; Approve meeting minutes	Cathy Fulton, Andrew Garland	Y – Approve minutes	Attachment 1: May Meeting Minutes
2	1:05-1:15	Program Updates <ul style="list-style-type: none"> • ACH Peer Learning Lab • PMDI Work Plan Highlights 	Heidi Klein, Alicia Cooper	N	2016 PMDI Work Plan
3	1:15-1:55	Vermont Collaborative Care Presentation	Joshua Plavin, Peter Albert	N	Attachment 3 - Vermont Collaborative Care Presentation
4	1:55-2:50	Frail Elders Project Update	Cy Jordan & team	N	Attachment 4a: Frail Elders Project Slides Attachment 4b: Summary Document Three detailed reports developed through this project are available online at http://www.vmsfoundation.org/elders : <ul style="list-style-type: none"> • What Matters to At-risk Seniors: An Interview Study and Supporting Literature Review • Who are Frail and High-Risk Seniors and What Models of Care Support Them? A Literature Review • Caring for Seniors: An Interview Study
5	2:50-2:55	Public Comment	Cathy Fulton, Andrew Garland	N	
6	2:55-3:00	Next Steps and Action Items	Cathy Fulton, Andrew Garland	N	

Attachment 1: May Meeting Minutes

Vermont Health Care Innovation Project
Payment Model Design and Implementation Work Group Meeting Minutes

Pending Work Group Approval

Date of meeting: Monday, May 16, 2016, 1:00-2:30pm, DVHA Large Conference Room, 312 Hurricane Lane, Williston.

Agenda Item	Discussion	Next Steps
1. Welcome and Introductions; Approve Meeting Minutes	<p>Andrew Garland called the meeting to order at 1:02pm. A roll call attendance was taken and a quorum was present.</p> <p>Rick Dooley moved to approve the March 2016 meeting minutes by exception. Susan Aranoff seconded. The minutes were approved with one abstention (Julie Tessler).</p>	
2. Program Updates	<p><i>Operational Plan Submission and CMMI Site Visit:</i> Georgia Maheras provided an update on the submission of our Year 3 Operational Plan, which was submitted on April 28. Our CMMI project officer and other federal partners visited on May 2 and 3 for a very successful site visit. The compiled Operational Plan is available on the VHCIP website.</p>	
3. Shared Savings Programs – Year 1 Analyses	<p>Kelly Lange from BCBSVT presented analyses of Year 1 of the commercial SSP:</p> <ul style="list-style-type: none"> • All three ACOs spent more than target. Financial targets in commercial SSP are set differently than in Medicaid SSP, and are related to premium calculations and benefits. Year 1 (2014) was a particularly challenging year to set targets given that exchange plans were new products and the exchange population had no claims history on which to base financial benchmarks. • Years 1 and 2 were learning efforts for the ACOs and BCBS as a payer – for example, some measures had to be removed from the measure set due to small numbers. <ul style="list-style-type: none"> ○ 2014 was a partial year for some since individuals shopping for exchange plans had until April to sign up (this impacts measures that require 12-month lookback). ○ Year 2 data will allow for a greater lookback, and will allow us to compare within the same program year-to-year. ○ The ACOs serve different populations which may have impacted variations in quality scores. ○ Strengths and opportunities: There is room for improvement, and ACOs and payers are working together to facilitate quality improvement, as well as better and easier measure collection. 	<p>Send additional questions on this topic to Andrew Garland or Cathy Fulton.</p>

Agenda Item	Discussion	Next Steps
	<p>Alicia Cooper from DVHA presented analyses of Year 1 of the Medicaid SSP (VMSSP):</p> <ul style="list-style-type: none"> • Both participating ACOs (OneCare Vermont and CHAC) received shared savings payments as a result of meeting financial and quality targets for the 2014 performance year. • DVHA has engaged in analyses to better understand these results – both differences in unique population segments, and changes in utilization and expenditure across areas of service. • Key issues in understanding the VMSSP include attribution and Medicaid expansion (impact on overall population eligible for attribution, as well as challenges in predicting patterns of care for newly eligible Medicaid beneficiaries). <ul style="list-style-type: none"> ○ For beneficiaries eligible prior to Medicaid expansion, DVHA saw decreases from 2012 to 2014 in PMPM costs across both ACOs. For beneficiaries newly eligible for Medicaid in 2014, beneficiaries assigned based on PCP of record spent much less than beneficiaries assigned based on utilization patterns (no 2012 data to compare). • Alicia also presented analyses across population categories (adult; child; and aged, blind, and disabled, or ABD), as well as analyses across population categories for attributed lives who did not utilize services that fall within the “total cost of care” or TCOC services. • Expenditures by Category of Service (inpatient, outpatient, physician, FQHC, and psychologist – ~90% of ACO expenditures fall within these categories). More detailed analyses comparing attributed beneficiaries to comparison groups are available in the report included in meeting materials. <p>Kate Simmons and Rick Dooley provided some insight on CHAC and Health<i>first</i> activities in Year 1 that may have impacted results.</p> <ul style="list-style-type: none"> • In 2014, CHAC worked with participating providers to do collective quality improvement initiatives driven by clinical standards. CHAC also worked to engage community partners and clinical partners to create stronger linkages and encourage full participation in ACO governance and in providing care. Also used Blueprint profiles and other informatics to target quality improvement. • In 2015, CHAC worked to implement 2014 guidelines and develop 2015 guidelines based on ACO experience. CHAC also continued to engage in data analysis to drive quality improvement at the health center-level. • Kate also presented data on clinical quality members from 2014 and 2015. Staff continue to analyze data to identify root of improvements and identify actionable areas for improvement. • Health<i>first</i> improved on 4 of 6 clinical quality measures from 2014 to 2015. (For measures with no improvement, results are likely not statistically significant.) Some measures are new and lack benchmarks, a challenge for providers. • Slow claims data is also a challenge for providers and ACOs and delays change significantly. • Health<i>first</i> quality improvement efforts are practice-based. Clinical priorities are identified by committee; measurement and comparison across participating practices allow for identification of best practices and lessons learned. 	

Agenda Item	Discussion	Next Steps
	<ul style="list-style-type: none"> • Kelly Lange noted that BCBS is working to get ACOs interim quality data within three months, rather than six months; DVHA is considering this as well. <p>The group discussed the following:</p> <ul style="list-style-type: none"> • Julie Wasserman asked a question about the VMSSP cost per member-year—can we compare costs across CHAC, OneCare, and Other (non-attributed)? Alicia replied that DVHA spent limited time on this comparison. There is different composition within ACO populations (pediatric population varies across ACOs, as do aggregate risk scores), so comparisons are not apples to apples. Abe Berman from OneCare Vermont noted that non-attributed users may be non-attributed because they use a limited number of services. Alicia clarified the attribution methodology. • Lawrence Miller asked a question about the quality adjuster for savings earned (slides 6 and 26). Alicia Cooper replied that both the commercial and Medicaid SSPs used “gate-and-ladder” structures related to quality measurement and eligibility to share in savings—Medicaid’s “gate” was lower in the first year based on previous Medicaid population experience on the payment measures. DVHA adjusted the gate for the Medicaid program in the second year; it is now comparable to the commercial program. • Shawn Skaflestad asked about the influx of Medicaid beneficiaries in 2014. He asked how we could adjust target or expected spend in light of expansion population. Alicia noted this was a methodological challenge in the first program year; it was challenging to adjust for that population not knowing whether or how utilization patterns would differ for that population and Medicaid. Another option would have been to exclude the expansion population from the program, but this was not considered during program design or actuarial certification. Alicia also noted that the VMSSP uses a three-year rolling baseline, so 2014 experience will be incorporated when setting future baselines—some of these issues will be resolved over time, but churn across Medicaid and exchange populations will continue over following years. Shawn commented that there should be some consideration of this when savings aren’t identified—numbers and savings are not cut and dry. Robin Lunge commented that this is complicated, and Vermont spent 18 months with CMMI actuaries to approve this design. This is particularly challenging because of Vermont’s small population; it’s unlikely our federal partners will allow changes this methodology in a 3-year program. • Mike Hall noted that many expected high utilization among Medicaid expansion populations in the first year of eligibility, but it seems that data indicates lower utilization. Alicia agreed, and pointed to the longer report. Expansion group had very variable utilization—some used a lot of services and demonstrated pent up demand, while others engaged very little with the health care system in the first year of eligibility. This could change in the second program year. • Maura Graf asked for more information on how declining PMPM costs can be attributed to work of the ACOs. Alicia replied that there was a lot going on in 2014 – it’s hard to assess whether a program in its first year is achieving those goals from the outset. She noted that there was declining utilization from baseline to 2014 and within the baseline period itself. Alicia suggested that the next two years will help to shed light on this. Andrew Garland noted that there are many levers at work here, and that it’s impossible to determine causality conclusively. Rick Dooley also commented that ACOs had formed just prior to the first program year; 	

Agenda Item	Discussion	Next Steps
	<p>Alicia added that ACOs also may have benefited from Medicare SSP experience in 2013. Abe Berman added that there is variation year-to-year, and encouraged waiting for more data before drawing firm conclusions.</p> <ul style="list-style-type: none"> • Susan Aranoff asked how we can explain the differences in results across the ACO programs (Medicare, Medicaid, and commercial). She also asked how cost of ACO administration is considered in savings. Kelly Lange noted that the commercial program lacked a baseline for medical costs within benefits; no one was surprised that there would be savings or losses since there was no historical data on which to base projections. • Andrew asked Sue to send additional questions to co-chairs, who will attempt to obtain answers. Unanswered questions can be discussed in the early fall when we discuss Year 2 results. 	
4. Public Comment	There was no additional comment.	
5. Next Steps, and Action Items	Next Meeting: Monday, June 20, 2016, 1:00-3:00pm, DVHA Large Conference Room, 312 Hurricane Lane, Williston	

VHCIP Payment Model Design and Implementation Work Group Member List

*Rick Dooley 10
Sve A. 20
motion to approve
by exception
- Motion
carried
Abstention*

Monday, May 16, 2016

Member		Member Alternate		Minutes	Organization
First Name	Last Name	First Name	Last Name		
Melissa	Bailey ✓	Shannon	Thompson ✓		AHS - DMH
		Jaskanwar	Batra		AHS - DMH
		Kathleen	Hentcy		AHS - DMH
		Frank	Reed ✓		AHS - DMH
Jill Berry	Bowen	Devin	Batchelder		Northwestern Medical Center
		Jane	Catton		Northwestern Medical Center
		Diane	Leach		Northwestern Medical Center
		Don	Shook		Northwestern Medical Center
		Lou	Longo		Northwestern Medical Center
Diane	Cummings ✓	Shawn	Skafelstad ✓		AHS - Central Office
Mike	DelTrecco ✓	Bea	Grause		Vermont Association of Hospital and Health Systems
Tracy	Dolan ✓	Heidi	Klein		AHS - VDH
		Cindy	Thomas ✓		AHS - VDH
		Julie	Arel ✓		AHS - VDH
Rick	Dooley ✓	Susan	Ridzon		HealthFirst
		Paul	Reiss		HealthFirst
Kim	Fitzgerald	Stefani	Hartsfield ✓		Cathedral Square and SASH Program
		Molly	Dugan		Cathedral Square and SASH Program
Aaron	French	Erin	Carmichael ✓		AHS - DVHA
		Nancy	Hogue ✓		AHS - DVHA
		Megan	Mitchell		AHS - DVHA
Catherine	Fulton ✓				Vermont Program for Quality in Health Care
Peter	Cobb	Beverly	Boget		VNAs of Vermont

Q ✓

VHCIP Payment Model Design and Implementation Work Group Member List

Monday, May 16, 2016

Member		Member Alternate		Minutes	Organization
First Name	Last Name	First Name	Last Name		
		Michael	Counter		VNA & Hospice of VT & NH
Steve	Gordon ✓	Mark	Burke		Brattleboro Memorial Hospital
Maura	Graff ✓	Heather	Bushey		Planned Parenthood of Northern New England
Dale	Hackett ✓				Consumer Representative
Mike	Hall ✓	Sandy Angela	Conrad Smith-Dieng		Champlain Valley Area Agency on Aging / COVE V4A
Paul	Harrington				Vermont Medical Society
Karen	Hein				University of Vermont
Bard	Hill ✓	Patricia Susan Gabe	Cummings Aranoff Epstein ✓		AHS - DAIL AHS - DAIL AHS - DAIL
Jeanne	Hutchins ✓				UVM Center on Aging
Kelly	Lange ✓	Teresa	Voci		Blue Cross Blue Shield of Vermont
Ted	Mable ✓	Kim Tim	McClellan Gallagan		DA - Northwest Counseling and Support Services DA - Northwest Counseling and Support Services
David	Martini				AOA - DFR
Lou	McLaren	Chris	Snyder ✓		MVP Health Care
MaryKate	Mohlman	Jenney	Samuelson		AHS - DVHA - Blueprint
Ed	Paquin				Disability Rights Vermont
Abe	Berman ✓	Miriam	Sheehey		OneCare Vermont

VHCIP Payment Model Design and Implementation Work Group

Attendance Sheet

5/16/2016

*Note: 'Phone' participation = Webinar

	First Name	Last Name		Organization	Payment Model Design and Implementation
1	Peter	Albert		Blue Cross Blue Shield of Vermont	X
2	Susan	Aranoff	new phone	AHS - DAIL	MA
3	Julie	Arel		AHS - VDHI	MA
4	Bill	Ashe		Upper Valley Services	X
5	Lori	Augustyniak		Center for Health and Learning	X
6	Debbie	Austin		AHS - DVHA	X
7	Ena	Backus	phone	GMCB	X
8	Melissa	Bailey	phone	Vermont Care Partners	M
9	Michael	Bailit	phone	SOV Consultant - Bailit-Health Purchasing	X
10	Susan	Barrett		GMCB	X
11	Devin	Batchelder		Northwestern Medical Center	MA
12	Jaskanwar	Batra		AHS - DMH	MA
13	Abe	Berman	new	OneCare Vermont	MA
14	Bob	Bick		DA - HowardCenter for Mental Health	X
15	Mary Alice	Bisbee		Consumer Representative	X
16	Charlie	Biss		AHS - Central Office - IFS / Rep for AHS - DM	X
17	Beverly	Boget		VNAs of Vermont	MA
18	Mary Lou	Bolt		Rutland Regional Medical Center	X
19	Jill Berry	Bowen		Northwestern Medical Center	M
20	Stephanie	Breault		Northwestern Medical Center	MA
21	Martha	Buck		Vermont Association of Hospital and Health	A
22	Mark	Burke		Brattleboro Memorial Hospital	MA
23	Donna	Burkett		Planned Parenthood of Northern New Engla	X
24	Catherine	Burns		DA - HowardCenter for Mental Health	X
25	Heather	Bushey		Planned Parenthood of Northern New Engla	MA
26	Gisele	Carbonneau		HealthFirst	A
27	Erin	Carmichael	phone	AHS - DVHA	MA
28	Jan	Carney		University of Vermont	X

29	Denise	Carpenter		Specialized Community Care	X
30	Jane	Catton		Northwestern Medical Center	MA
31	Alysia	Chapman		DA - HowardCenter for Mental Health	X
32	Joshua	Cheney		VITL	A
33	Joy	Chilton		Home Health and Hospice	X
34	Amanda	Cieciar		AHS - DVHA	S
35	Barbara	Cimaglio		AHS - VDH	X
36	Daljit	Clark		AHS - DVHA	X
37	Sarah	Clark		AHS - CO	X
38	Peter	Cobb		VNAs of Vermont	X
39	Judy	Cohen		University of Vermont	X
40	Lori	Collins		AHS - DVHA	X
41	Connie	Colman		Central Vermont Home Health and Hospice	X
42	Sandy	Conrad		V4A	MA
43	Amy	Coonradt		AHS - DVHA	S
44	Alicia	Cooper	<i>none</i>	AHS - DVHA	S
45	Janet	Corrigan		Dartmouth-Hitchcock	X
46	Brian	Costello			X
47	Michael	Counter		VNA & Hospice of VT & NH	M
48	Mark	Craig			X
49	Diane	Cummings	<i>phone</i>	AHS - Central Office	M
50	Patricia	Cummings		AHS - DAIL	MA
51	Michael	Curtis		Washington County Mental Health Services	X
52	Jude	Daye		Blue Cross Blue Shield of Vermont	A
53	Jesse	de la Rosa		Consumer Representative	X
54	Danielle	DeLong		AHS - DVHA	X
55	Mike	DeTrecco	<i>phone</i>	Vermont Association of Hospital and Health	M
56	Yvonne	DePalma		Planned Parenthood of Northern New Engla	X
57	Trey	Dobson		Dartmouth-Hitchcock	X
58	Tracy	Dolan	<i>phone</i>	AHS - VDH	M
59	Michael	Donofrio		GMCB	X
60	Kevin	Donovan		Mt. Ascutney Hospital and Health Center	X
61	Rick	Dooley	<i>none</i>	HealthFirst	M
62	Molly	Dugan		Cathedral Square and SASH Program	MA
63	Lisa	Dulsky Watkins			X
64	Robin	Edelman		AHS - VDH	X

65	Jennifer	Egelhof		AHS - DVHA	MA
66	Suratha	Elango		RWJF - Clinical Scholar	X
67	Gabe	Epstein		AHS - DAIL	S/MA
68	Jamie	Fisher		GMCB	A
69	Kim	Fitzgerald		Cathedral Square and SASH Program	M
70	Katie	Fitzpatrick		Bi-State Primary Care	A
71	Patrick	Flood		CHAC	X
72	Erin	Flynn	phone	AHS - DVHA	S
73	LaRae	Francis		Blue Cross Blue Shield of Vermont	X
74	Judith	Franz		VITL	X
75	Mary	Fredette		The Gathering Place	X
76	Aaron	French		AHS - DVHA	M
77	Catherine	Fulton	here	Vermont Program for Quality in Health Care	C
78	Joyce	Gallimore		Bi-State Primary Care/CHAC	X
79	Lucie	Garand		Downs Rachlin Martin PLLC	X
80	Andrew	Garland	here	MVP Health Care	M
81	Christine	Geiler	here	GMCB	S
82	Carrie	Germaine		AHS - DVHA	X
83	Al	Gobeille		GMCB	X
84	Larry	Goetschius		Home Health and Hospice	M
85	Steve	Gordon		Brattleboro Memorial Hospital	M
86	Don	Grabowski		The Health Center	X
87	Maura	Graff	here	Planned Parenthood of Northern New England	M
88	Wendy	Grant		Blue Cross Blue Shield of Vermont	A
89	Bea	Grause		Vermont Association of Hospital and Health	MA
90	Lynn	Guillett		Dartmouth Hitchcock	X
91	Dale	Hackett	phone	Consumer Representative	M
92	Mike	Hall	here	Champlain Valley Area Agency on Aging / C	M
93	Thomas	Hall		Consumer Representative	X
94	Catherine	Hamilton		Blue Cross Blue Shield of Vermont	X
95	Paul	Harrington		Vermont Medical Society	M
96	Stefani	Hartsfield	phone	Cathedral Square	MA
97	Carrie	Hathaway		AHS - DVHA	X
98	Carolynn	Hatin		AHS - Central Office - IFS	S
99	Karen	Hein		University of Vermont	M
100	Kathleen	Hentcy		AHS - DMH	MA

101	Jim	Hester	phone	SOV Consultant	S
102	Selina	Hickman		AHS - DVHA	X
103	Bard	Hill	phone	AHS - DAIL	M
104	Con	Hogan		GMCB	X
105	Nancy	Hogue	phone	AHS - DVHA	M
106	Jeanne	Hutchins	here	UVM Center on Aging	M
107	Penrose	Jackson		UVM Medical Center	X
108	Craig	Jones		AHS - DVHA - Blueprint	X
109	Pat	Jones	phone	GMCB	MA
110	Margaret	Joyal		Washington County Mental Health Services	X
111	Joelle	Judge	here	UMASS	S
112	Kevin	Kelley		CHSLV	X
113	Melissa	Kelly		MVP Health Care	X
114	Trinka	Kerr	phone	VLA/Health Care Advocate Project	X
115	Sarah	King		Rutland Area Visiting Nurse Association & H	X
116	Sarah	Kinsler	here	AHS - DVHA	S
117	Heidi	Klein		AHS - VDH	MA
118	Tony	Kramer		AHS - DVHA	X
119	Peter	Kriff		PDI Creative	X
120	Kaili	Kuiper	phone	VLA/Health Care Advocate Project	MA
121	Norma	LaBounty		OneCare Vermont	A
122	Kelly	Lange	here	Blue Cross Blue Shield of Vermont	M
123	Dion	LaShay		Consumer Representative	X
124	Patricia	Launer		Bi-State Primary Care	MA
125	Diane	Leach		Northwestern Medical Center	MA
126	Mark	Levine		University of Vermont	X
127	Lyne	Limoges		Orleans/Essex VNA and Hospice, Inc.	X
128	Deborah	Lisi-Baker	phone	SOV - Consultant	X
129	Sam	Liss		Statewide Independent Living Council	X
130	Vicki	Loner		OneCare Vermont	MA
131	Lou	Longo		Northwestern Medical Center	MA
132	Nicole	Lukas	here	AHS - VDH	X
133	Ted	Mable	phone	DA - Northwest Counseling and Support Ser	M
134	Carole	Magoffin	here	AHS - DVHA	S
135	Georgia	Maheras	here	AOA	S
136	Jackie	Majoros		VLA/LTC Ombudsman Project	X

137	Carol	Maloney		AHS	X
138	Carol	Maroni		Community Health Services of Lamoille Vall	X
139	David	Martini		AOA - DFR	M
140	Mike	Maslack			X
141	John	Matulis			X
142	James	Mauro		Blue Cross Blue Shield of Vermont	X
143	Lisa	Maynes		Vermont Family Network	X
144	Kim	McClellan		DA - Northwest Counseling and Support Ser	MA
145	Sandy	McGuire		VCP - HowardCenter for Mental Health	M
146	Jill	McKenzie			X
147	Lou	McLaren		MVP Health Care	M
148	Darcy	McPherson		AHS - DVHA	X
149	Anneke	Merritt		Northwestern Medical Center	X
150	Melissa	Miles		Bi-State Primary Care	MA
151	Robin	Miller		AHS - VDH	X
152	Megan	Mitchell		AHS - DVHA	MA
153	MaryKate	Mohlman		AHS - DVHA - Blueprint	M
154	Madeleine	Mongan		Vermont Medical Society	X
155	Kirsten	Murphy		AHS - Central Office - DDC	X
156	Chuck	Myers		Northeast Family Institute	X
157	Floyd	Nease		AHS - Central Office	X
158	Nick	Nichols	<i>None</i>	AHS - DMH	X
159	Mike	Nix	<i>None</i>	Jeffords Institute for Quality, FAHC	X
160	Miki	Olszewski		AHS - DVHA - Blueprint	X
161	Jessica	Oski		Vermont Chiropractic Association	X
162	Ed	Paquin		Disability Rights Vermont	M
163	Annie	Paumgarten	<i>here</i>	GMCB	S
164	Laura	Pelosi		Vermont Health Care Association	X
165	Eileen	Peltier		Central Vermont Community Land Trust	X
166	John	Pierce			X
167	Tom	Pitts		Northern Counties Health Care	X
168	Joshua	Plavin		Blue Cross Blue Shield of Vermont	X
169	Luann	Poirer	<i>here</i>	AHS - DVHA	S
170	Sherry	Pontbriand		NMC	X
171	Alex	Potter		Center for Health and Learning	X
172	Amy	Putnam		DA - Northwest Counseling and Support Ser	MA

173	Betty	Rambur		GMCB	X
174	Allan	Ramsay		GMCB	X
175	Frank	Reed	phone	AHS - DMH	MA
176	Paul	Reiss		HealthFirst/Accountable Care Coalition of t	MA
177	Sarah	Relk			X
178	Virginia	Renfrew		Zatz & Renfrew Consulting	X
179	Lila	Richardson	phone	VLA/Health Care Advocate Project	M
180	Susan	Ridzon		HealthFirst	MA
181	Carley	Riley			X
182	Laurie	Riley-Hayes		OneCare Vermont	A
183	Brita	Roy			X
184	Laural	Ruggles	here	Northeastern Vermont Regional Hospital	M
185	Jenney	Samuelson		AHS - DVHA - Blueprint	MA
186	Howard	Schapiro		University of Vermont Medical Group Pract	X
187	seashre@msn	seashre@msn.com		House Health Committee	X
188	Rachel	Seelig		VLA/Senior Citizens Law Project	MA
189	Susan	Shane	phone	OneCare Vermont	X
190	Julia	Shaw	here	VLA/Health Care Advocate Project	M
191	Melanie	Sheehan		Mt. Ascutney Hospital and Health Center	X
192	Miriam	Sheehey		OneCare Vermont	MA
193	Don	Shook		Northwestern Medical Center	MA
194	Kate	Simmons	here	Bi-State Primary Care/CHAC	M
195	Colleen	Sinon		Northeastern Vermont Regional Hospital	X
196	Shawn	Skafelstad	here	AHS - Central Office	MA
197	Heather	Skeels		Bi-State Primary Care	MA
198	Richard	Slusky	here phone	GMCB	M
199	Chris	Smith		MVP Health Care	X
200	Angela	Smith-Dieng		V4A	MA
201	Jeremy	Ste. Marie		Vermont Chiropractic Association	X
202	Jennifer	Stratton		Lamoille County Mental Health Services	X
203	Beth	Tanzman		AHS - DVHA - Blueprint	X
204	JoEllen	Tarallo-Falk		Center for Health and Learning	X
205	Julie	Tessler	here	VCP - Vermont Council of Developmental a	M
206	Cindy	Thomas		AHS - VDH	MA
207	Shannon	Thompson	phone	AHS - DMH	MA
208	Bob	Thorn		DA - Counseling Services of Addison County	X

209	Win	Turner			X
210	Karen	Vastine		AHS-DCF	X
211	Teresa	Voci		Blue Cross Blue Shield of Vermont	MA
212	Nathaniel	Waite		VDH	X
213	Beth	Waldman		SOV Consultant - Bailit-Health Purchasing	X
214	Marlys	Waller	phone	DA - Vermont Council of Developmental an	X
215	Nancy	Warner		COVE	X
216	Julie	Wasserman	here	AHS - Central Office	S
217	Monica	Weeber		AHS - DOC	X
218	Kendall	West		Bi-State Primary Care/CHAC	MA
219	James	Westrich	here	AHS - DVHA	S
220	Robert	Wheeler		Blue Cross Blue Shield of Vermont	X
221	Bradley	Wilhelm		AHS - DVHA	S
222	Jason	Williams		UVM Medical Center	X
223	Sharon	Winn		Bi-State Primary Care	X
224	Stephanie	Winters		Vermont Medical Society	X
225	Hillary	Wolfley			X
226	Mary	Woodruff			X
227	Cecelia	Wu		AHS - DVHA	S
228	Erin	Zink		MVP Health Care	X
229	Marie	Zura		DA - HowardCenter for Mental Health	X
					229

A.J. Ruben - phone
 Kate Peirce - phone
 Lawrence Miller - here
 Holly Stone - phone
 Steve Voigt - phone
 Zachary Sullivan - phone
 Deb Ussi - Baker - phone

Tom Boyd - here
 Mark Podroziak - phone
 Melinda Stylos - Allan - phone
 Michael Bailit - phone
 Noel Hudson - phone
 Robin Lunge - here
 Susan Grantham - phone
 Mike Nix - phone
 Suzanne Santachangelo - phone

Attachment 3 - Vermont Collaborative Care Presentation

Vermont Collaborative Care

A partnership between BCBSVT and the Brattleboro Retreat

June 20, 2016

We'll see you through.



**BlueCross BlueShield
of Vermont**

An Independent Licensee of the Blue Cross and Blue Shield Association

The case for change

Integrating physical, mental health and substance abuse services

- Physical health costs associated with
 - Mental health conditions inadequately treated
 - Substance abuse inadequately treated
 - Physical health costs of persons with MHSA conditions
- Behavior change key to chronic condition care
 - Mental health skills not directed at mental health diagnosis
- Focus on partnerships with clinical community
- Add value to existing reform efforts

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BCBSVT

- Whole-person perspective
 - Claims analytics: medical, surgical, prescriptions, mental health, substance abuse
- Care plan reviews integrated across MHSA and physical health
- Focus on clinical results and outcomes
- Support integration and “health” management in clinical care

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Co-existing conditions affect cost

24.7 percent of BCBSVT members have coexisting medical and mental health conditions

Patient Groups	Annual Cost of Care	Illness Prevalence	% with Comorbid Mental Condition*	Annual Cost with Mental Condition	% Increase with Mental Condition
All insured	\$2,920		15%		
Arthritis	\$5,220	6.6%	36%	\$10,170	94%
Asthma	\$3,730	5.9%	35%	\$10,030	169%
Cancer	\$11,650	4.3%	37%	\$18,870	62%
Diabetes	\$5,480	8.9%	30%	\$12,280	124%
CHF	\$9,770	1.3%	40%	\$17,200	76%
Migraine	\$4,340	8.2%	43%	\$10,810	149%
COPD	\$3,840	8.2%	38%	\$10,980	186%

Cartesian Solutions, Inc.™--consolidated health plan claims data

*Approximately 10% receive evidence-based mental condition treatment

Source: 2012 *Value-Added Models of Integrated Medical and Mental Health Care*, Roger Kathol, MD, President, Cartesian Solutions, Inc.

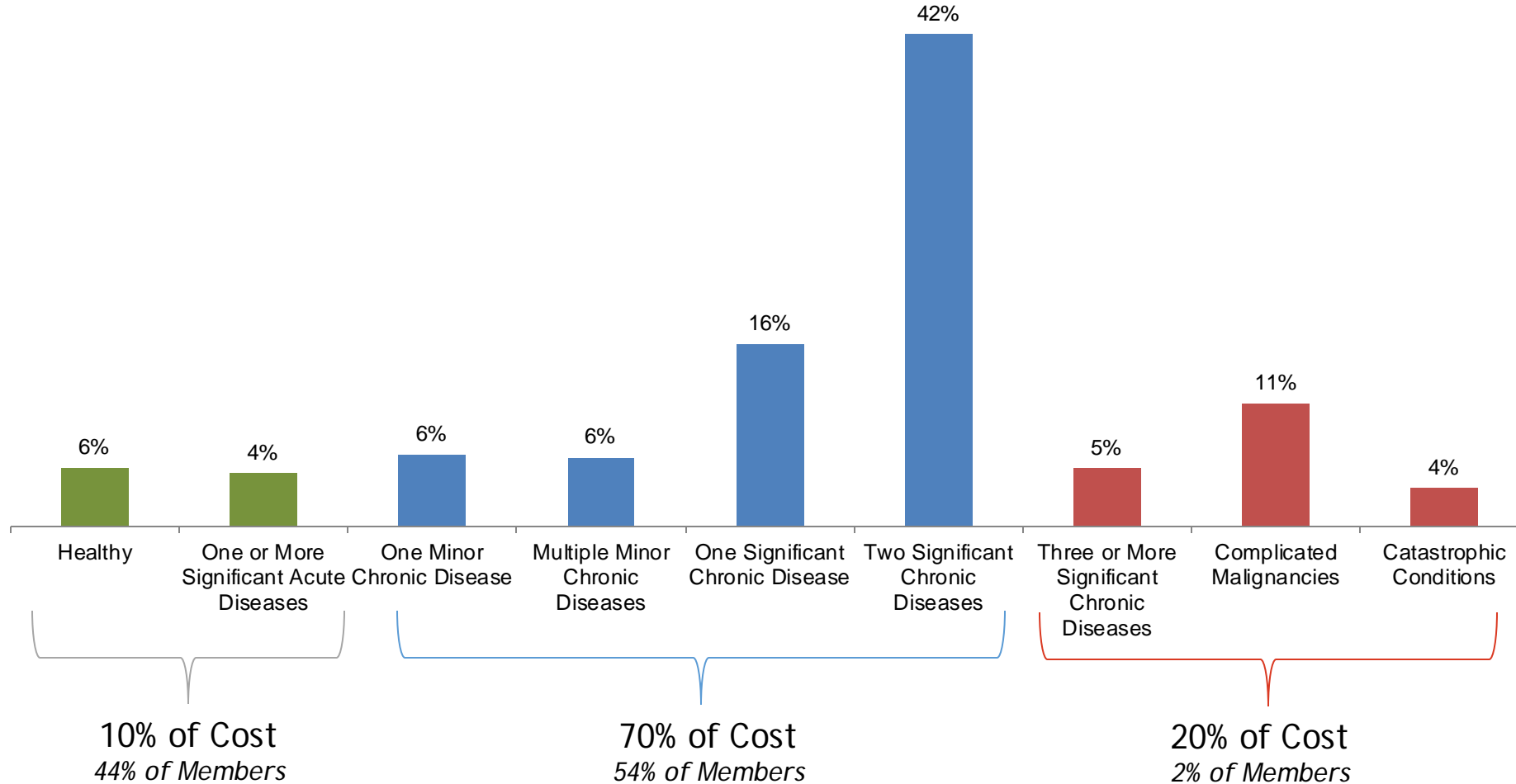
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Costs per burden of illness categories



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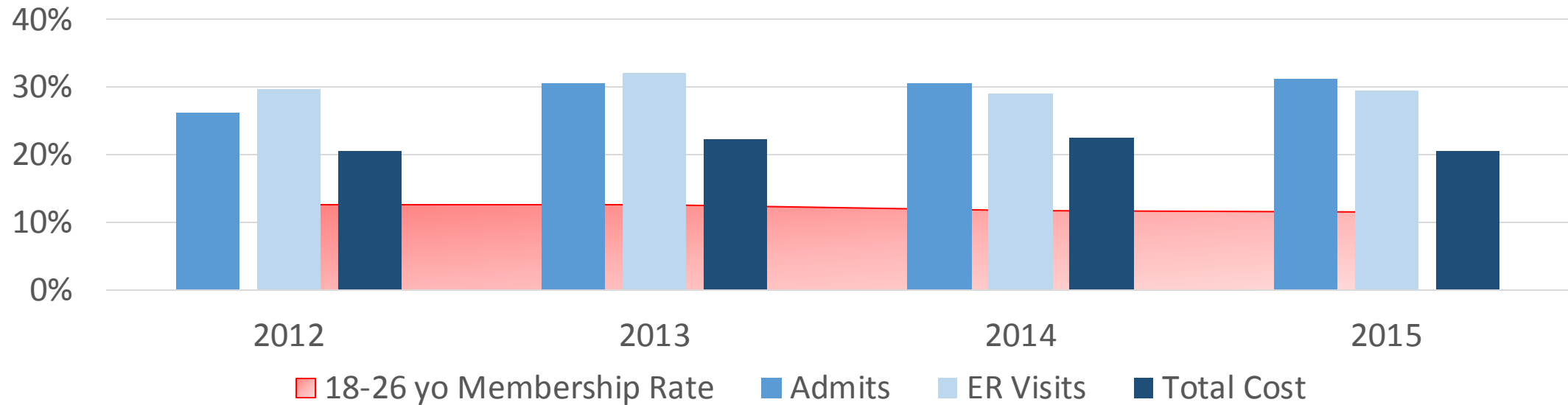


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Utilization of MHSA services in age group 18-26

30 percent of MHSA admissions and ER visits are for BCBSVT members ages 18-26. That age group makes up just 12 percent of the BCBSVT population.



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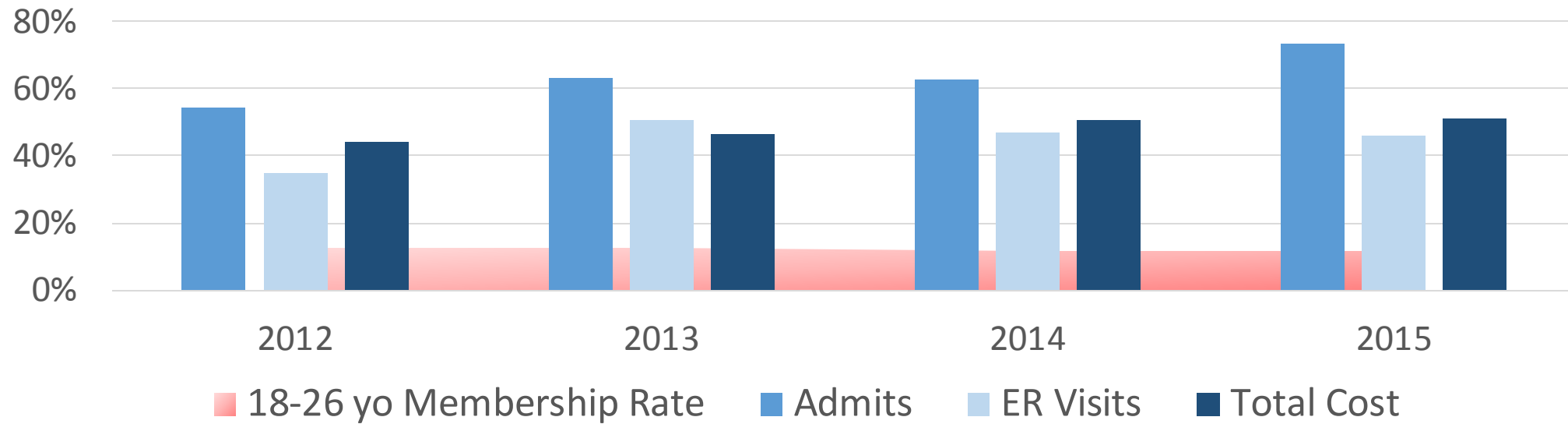


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Utilization of Substance Abuse* services in age group 18-26

Over 60 percent of SA*-related admissions and over 40 percent of ER visits are for BCBSVT members ages 18-26.



BCBSVT members participating in Hubs since April 2014

- all ages - 172 members
- 18 to 26 yo - 62 members (36% of BoB with MHSA benefits)

* Alcohol abuse not included

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Barriers to integration

- Professional compartmentalization
 - Mind-body dichotomy
 - Separate professions
 - Separate locations
- Culture clash and use of language
- Blame, stigma, misunderstanding
- Conflicting regulations
 - Mental health parity
 - MHSA special confidentiality protections

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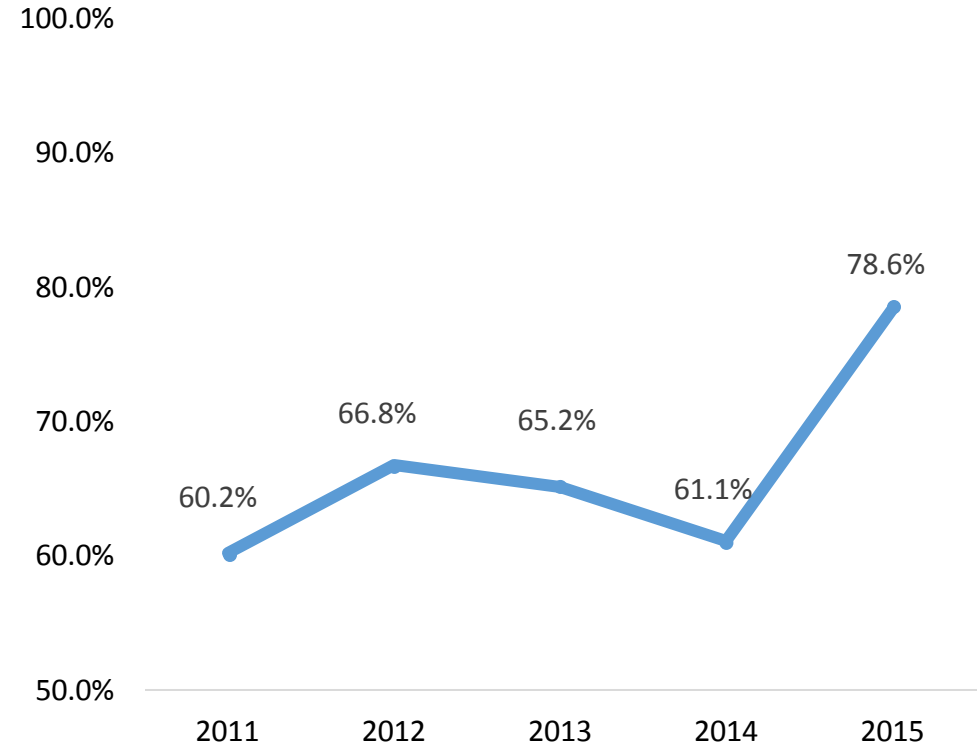
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Ensuring positive member experiences

- Improved member and clinician satisfaction
- Development of an integrated clinical and member advisory group
- Integrated training and supervision model
- Integrated customer service and intake coordination
- Integrated training in care management with CMSA model
- Integrate and collaborate with CHT statewide
- Predictive modeling for opiate outreach and case management
- Eliminate administrative prior authorization barriers to care
- Full compliance with both federal and state parity regulations
- Paying more for value and outcomes
- Sharing analytics and mapping payment to clinical need

Access to Treatment



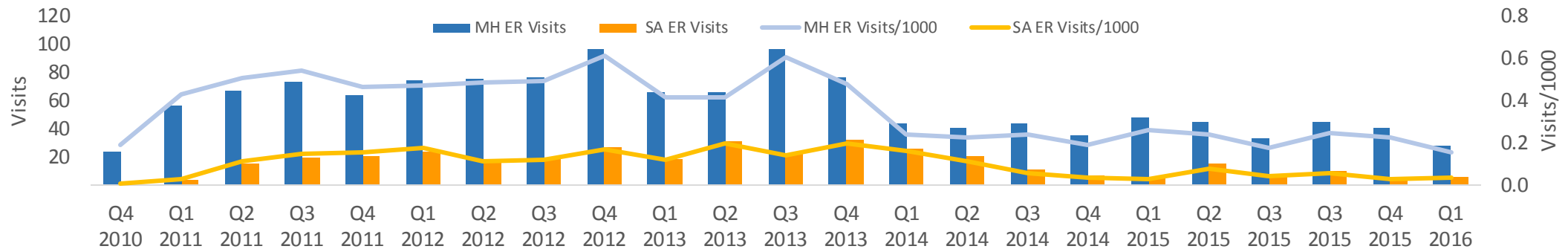
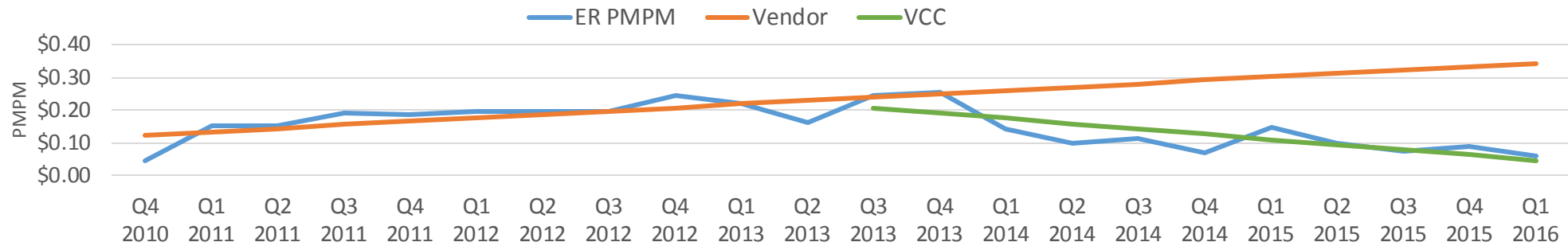
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ER visits related to MHSA^



12-month savings*:

SA-related ER visits were reduced by 28%*

MH-related ER visits were reduced by 44%*

*ER Visits with "denied payment" removed from calculations

^ MHSA managed, MHSA not managed indicator applied

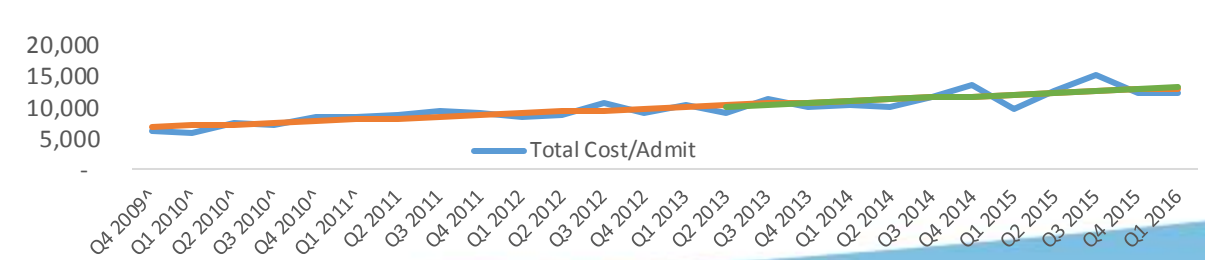
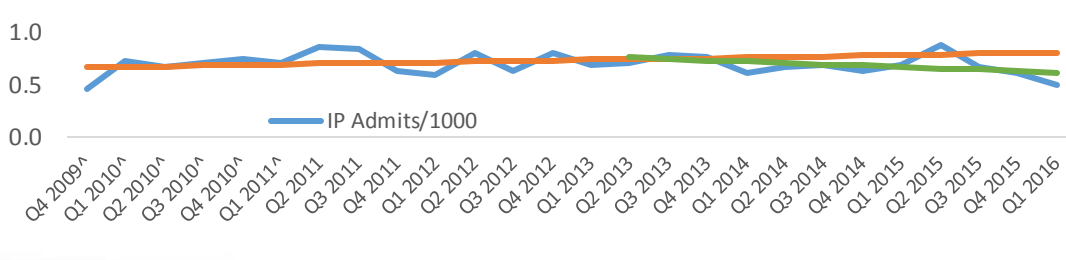
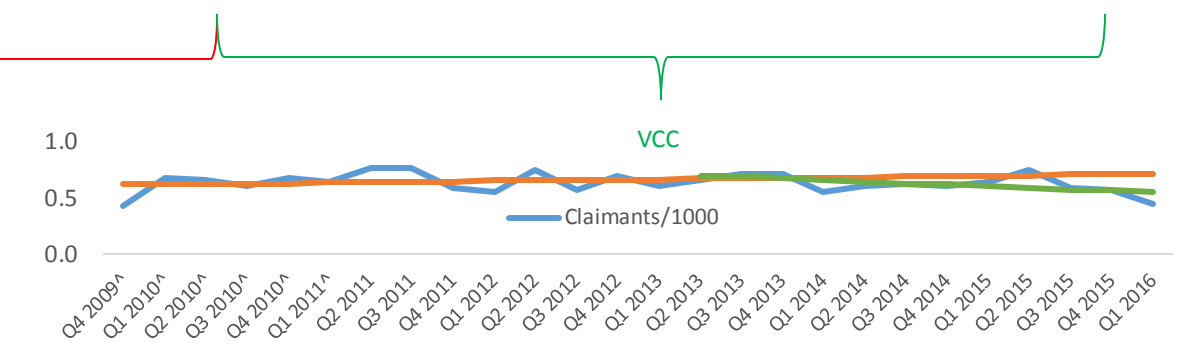
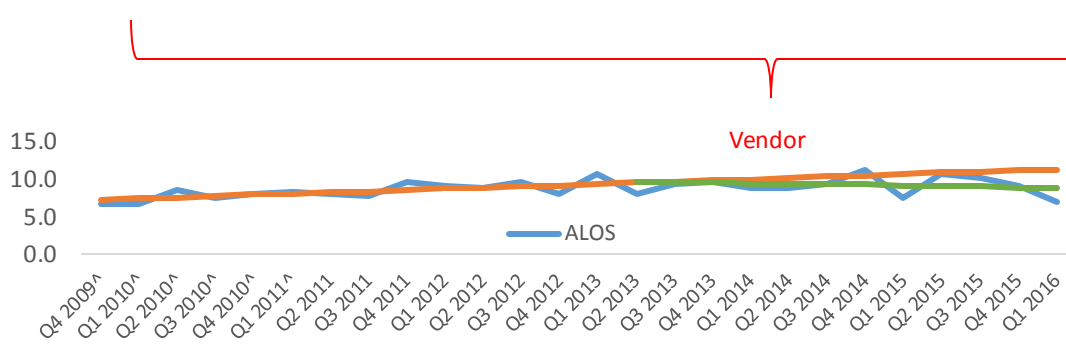
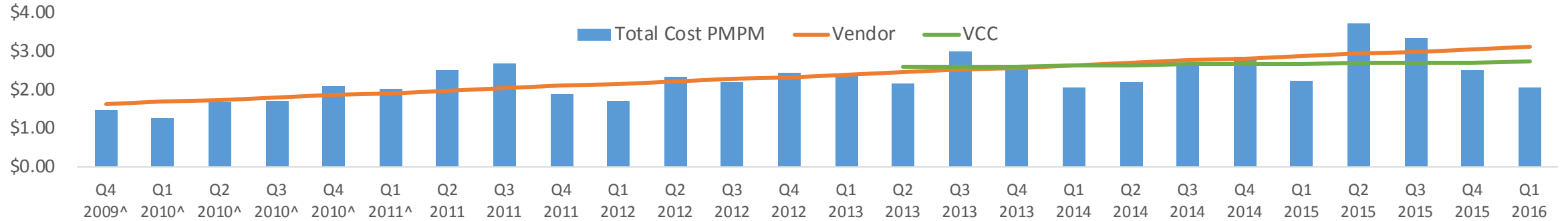
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MHSA inpatient cost and utilization trend



We'll see you through.

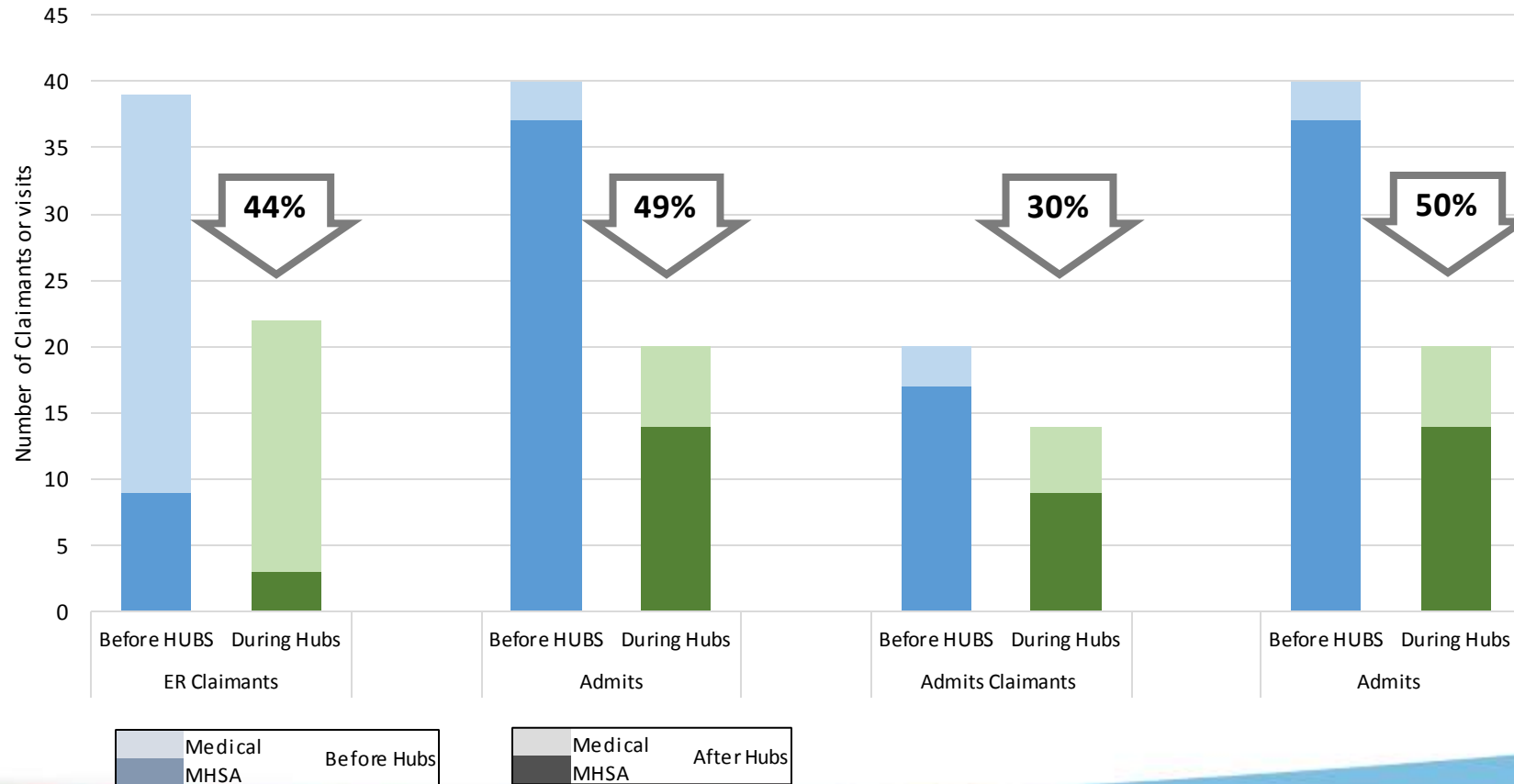


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Preliminary HUB impact

Members in Hubs use the ER less and are admitted to the hospital fewer times than prior to engagement



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Readmissions—All diagnoses medical + MHSA

	2014	2015
30-day local readmission rate (BCBSVT)	5.27%	5.95%
Number of local readmissions	494	587
National readmission rate (Commercial Insurance)*	8.9%	8.9%
Difference between of BCBSVT LOCAL readmissions per year and National Rate AHRQ	3.63%	2.95%

*Source: Agency for Healthcare Research and Quality (AHRQ), 2013

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Mood disorders readmissions

Incurred Date	Admits	Readmission Rate Same Dx
2012 Vendor	235	11.06%
2014 VCC	239	8.79%

National Benchmark* Readmission Rate Same Dx	
Medicare	16.00%
Medicaid	14.40%
Commercial Insurance	9.10%
Uninsured	10.40%

*Source: Agency for Healthcare Research and Quality (AHRQ), Center for Delivery, Organization, and Markets, Healthcare Cost and Utilization Project (HCUP), Nationwide Readmissions Database (NRD), 2012; approximately 847,000 hospital stays for mood disorders

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Next steps

Using the ICHOM philosophy: Measure what matters to the member by re-defining the role of a health plan

- SBIRT

Growth and integration

- Feedback Informed Treatment

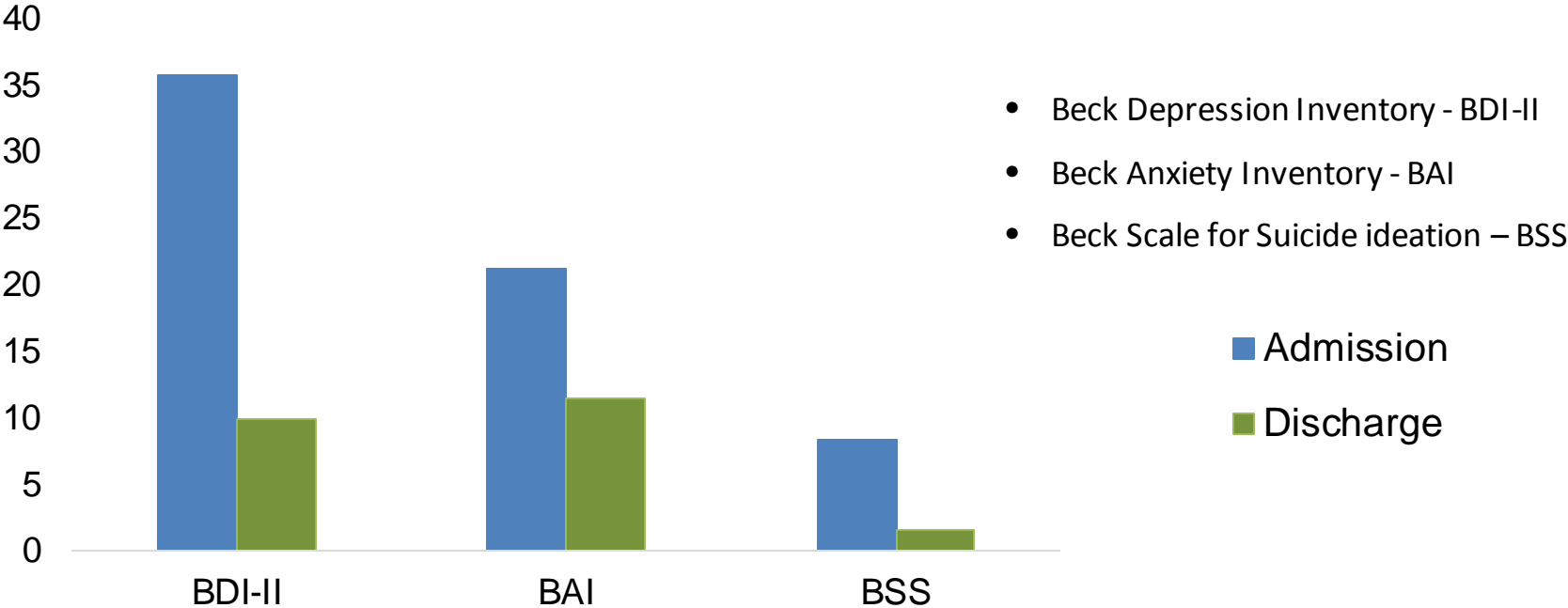
The role of MHSA community clinicians

- Crossroads

Measuring outcomes and value by listening to and partnering with clinicians

Crossroads

Crossroads has seen a reduction in the depression, anxiety and suicide risk scores between time of admission into program and discharge from program.

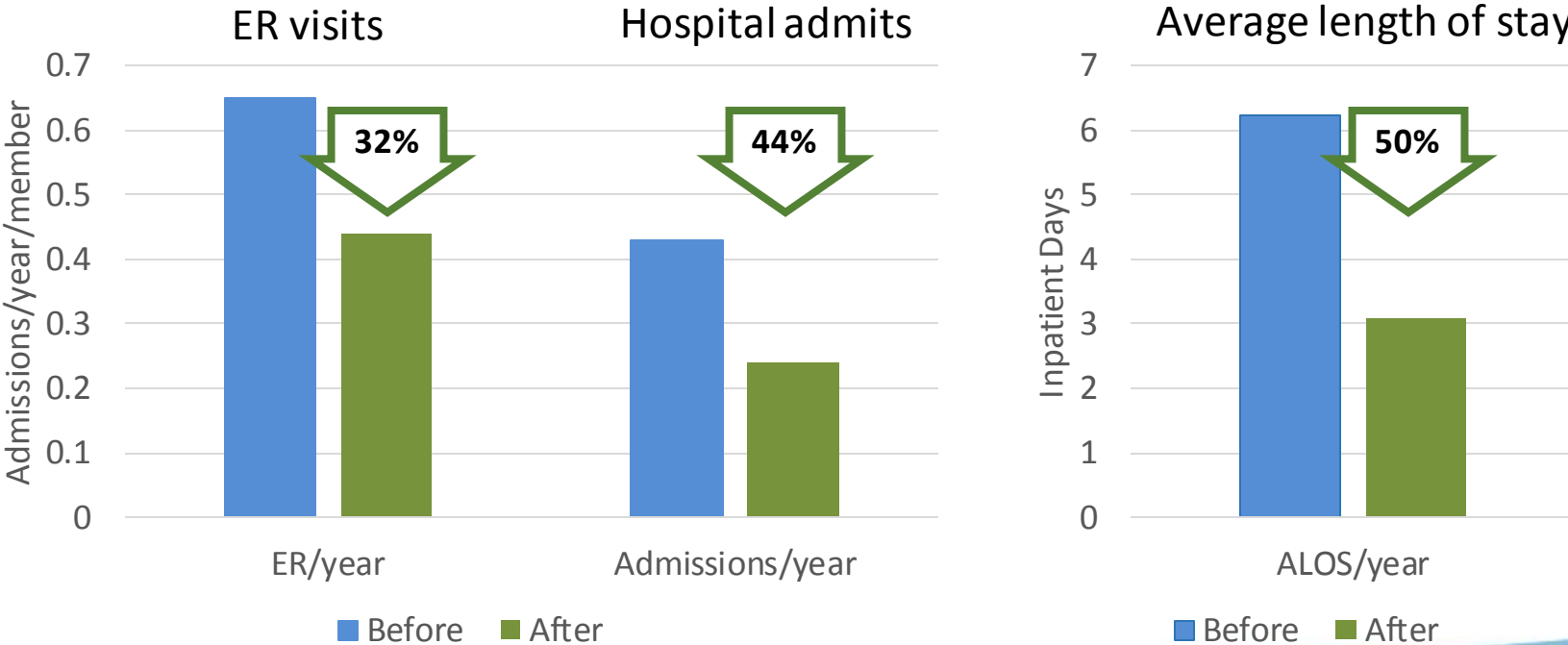


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Shift in ER and hospital utilization before and after Crossroads

Members in the program were admitted to the ER and hospitals less frequently after discharging from Crossroads than before their participation in the program.

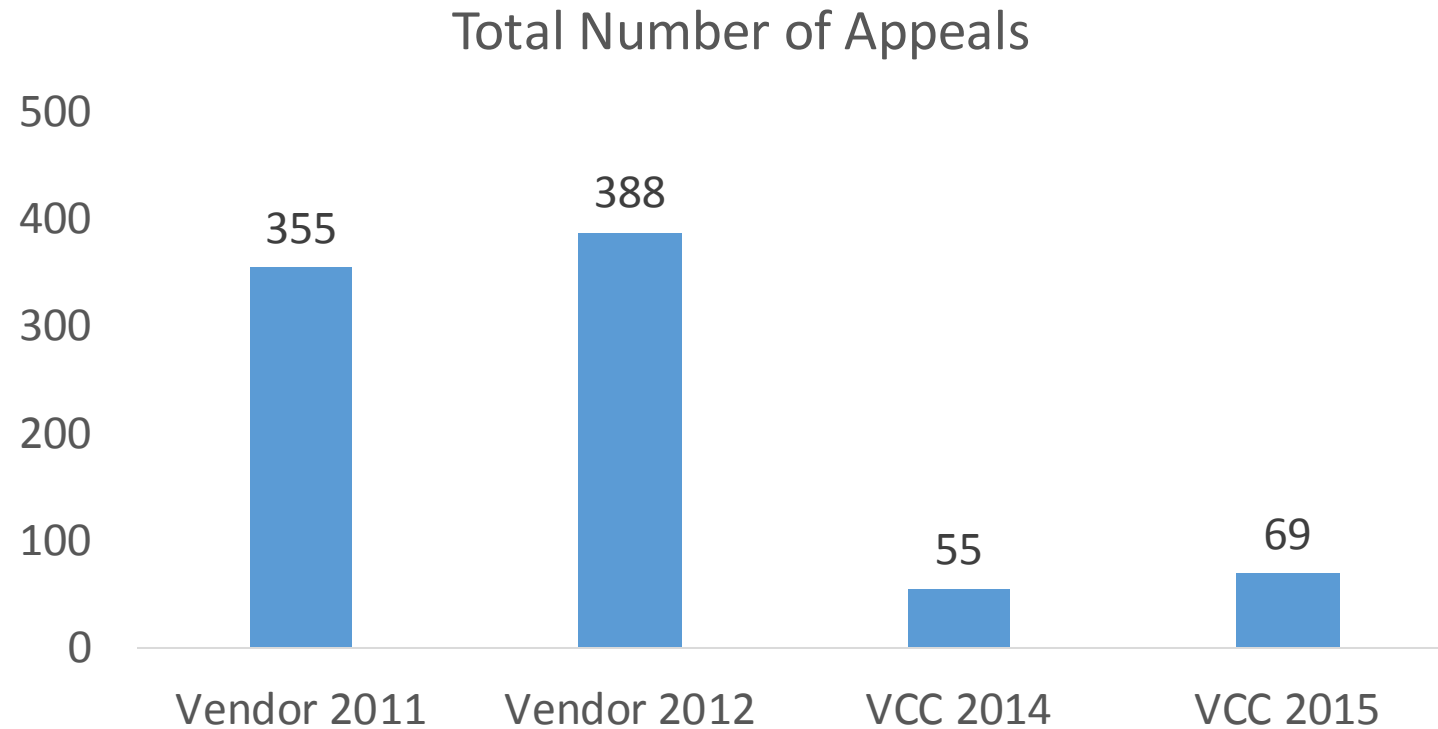


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Collaborating with clinicians

...it's not about saying no



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Attachment 4a: Frail Elders Project Slides

VHCIP Frail Elders Project

<http://www.vmsfoundation.org/elders>

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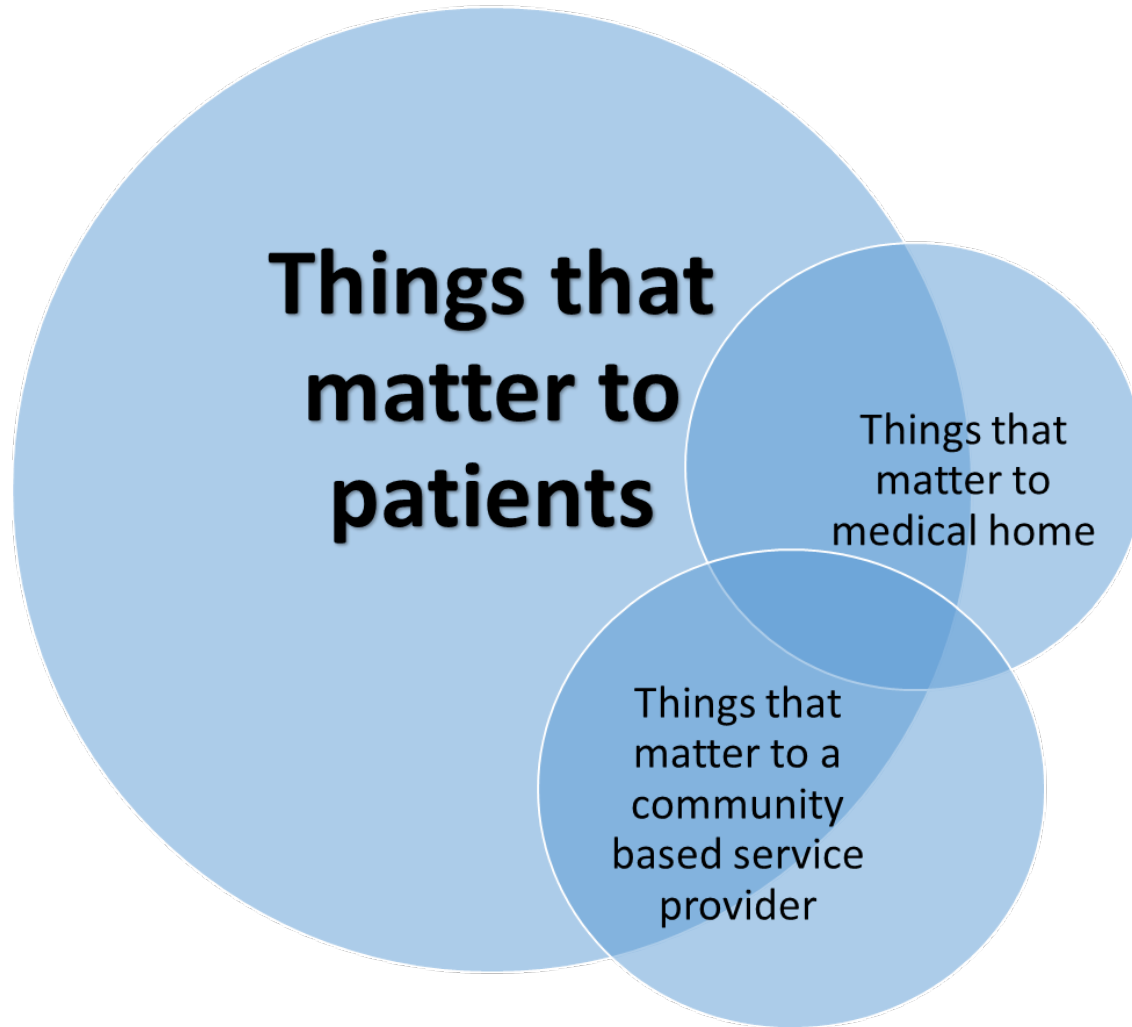
VHCIP Work Group June 20, 2016



VMS Education & Research Foundation

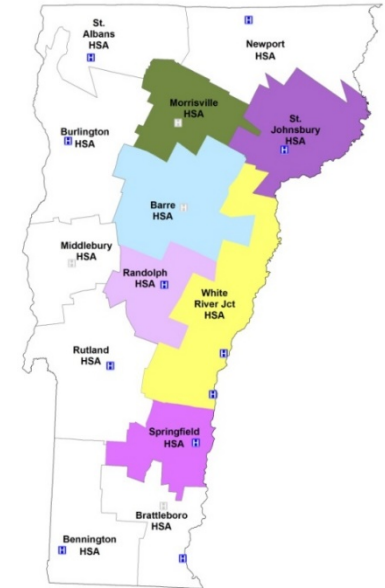
helping physicians help patients & communities

VHCIP Frail Elders Project



Thursday December 12th, 2013

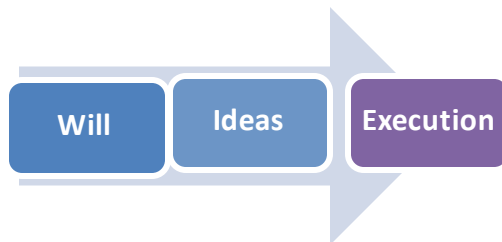
Rural Clinicians Community GMCB Presentation



Better care, better health, lower costs

How can leaders accelerate innovation?

“You have to have the will to improve; You have to have ideas about alternatives to the status quo; and then you have to make it real through execution. All three have to be arranged by leaders – they are not automatic.”



1. Actualize 3 planned levels of care
2. Make VT a magnet for the workforce
3. Become the national benchmark for measurement
4. Reduce the gap between practice and policy

VHCIP Frail Elders Project

Target Population

Seniors at risk of a decline in the quality of their lives or a poor health outcome

Frail Elderly Global Aim

We aim to identify barriers to providing the best primary care for high-risk elders in two rural communities; and recommend: 1) Practice changes to primary care, community based care and supportive services which will improve outcomes that matter to patients; 2) Payment innovations to support the redesigns; and 3) Measures to track changes in outcomes that matter to patients.

The project begins with a literature search serving as the cornerstone for our research and recommendations. The principal method for problem identification will be structured interviews with patients, families, caregivers and community based health care professionals. State and regional policy and content experts will be interviewed. Analysis of public claims data bases will complement the qualitative research.

The effort ends with a written report and public presentation of our findings and recommendations to the VHCIP Payment Models Work Group in June 2016.

By undertaking this effort we expect to increase the value of the health care system – focusing on outcomes that matter to patients, reducing harm, conserving resources and increasing system efficiencies.

VHCIP Frail Elders Project

Five sets of research findings guide the recommendations:

- **A literature search in partnership with the University of Vermont Dana Medical Library;**
- **Key informant interviews with community-based health and supportive service providers in two rural primary care service areas;**
- **Key informant interviews with state policy and subject matter experts;**
- **Structured interviews with frail elders and their caregivers including home bound individuals in two rural primary care service areas, using both individual interviews and focus groups;**
- **Comparative analyses of the Vermont Household Survey and the Medicare Current Beneficiary Survey.**

VHCIP Frail Elders Project

Research Focus Areas

1. What characterizes a frail or high risk senior?
2. What are the characteristics of their service utilization?
3. What matters to seniors?
4. Are there care models known to produce better value (outcomes/cost)?
5. What systemic barriers to providing care exist?
6. What aspects of the delivery system are and are not working locally?
7. How could the local delivery system be improved?
8. What are practical and meaningful measures of value? (things that matter to patients/cost of meaningful episodes of care)
9. What are unnecessary costs and how could they be reduced?
10. How can payment reform support the achievement of things that matter to patients?

VHCIP Frail Elders Project

Underlying project recommendations are themes that are remarkably consistent across all five project research arms:

- There are mismatches between what gets paid for and what's important to seniors;**
- Today's payment policies create significant inefficiencies and harm Vermont's seniors;**
- Physical health matters to seniors, but remaining at home, retaining autonomy, social engagement and feeling useful and valued matter at least as much;**
- Care should go to patients rather than patients having to come to care;**
- Control over health care budgets needs more community level influence;**
- Primary care is in critical condition, and we all need to rethink how to support it;**
- There are proven examples of how to do it better; and**
- There is a lot that can be done right now!**

VHCIP Frail Elders Project

Our recommendations are presented as answers to four core questions:

- 1) Who are our high risk seniors?**
- 2) How will we measure success?**
- 3) How will we care for them?**
- 4) How will we pay for their care?**

VHCIP Frail Elders Project

Target Population

Seniors at risk of a decline in the quality of their lives or a poor health outcome

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VHCIP Frail Elders Project

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VHCIP Work Group June 20, 2016



VMS Education & Research Foundation

helping physicians help patients & communities

Attachment 4b:
Summary Document



VMS Education & Research Foundation

Pursuing High Value Care for Vermonters

In 2012, a small group of primary care practitioners began to discuss ways primary care practitioners in Vermont could better serve our most vulnerable seniors. The Frail Elders Project grew out of those conversations. Diverse practitioners from across the state, as well as state policy makers and subject matter experts have all since contributed. The Project Team now offers recommendations for retooling primary care in Vermont in ways that will improve the health and security of our seniors. The project has had funding from the Vermont Health Care Improvement Project between November 2015 and June 2016. Earlier support was generously offered by the Physicians Foundation of Cambridge, MA and Vermont's Green Mountain Care Board.

The project's research and recommendations focus on seniors, but contain relevant improvements that could improve health care for most Vermonters. The recommendations are based on five complementary research arms designed to highlight the priorities of seniors themselves regarding their health and the quality of life. The project team chose to focus on frail and high risk seniors knowing: 1) care could be better; 2) improvements could potentially effect multiple practice and community services; and 3) recommendations could be generalized to other patients and communities. The project team purposely did not choose to focus on individual diagnoses, as is common in health reform efforts. They wanted a broader impact. They wanted to foster a rethinking of primary care. They wanted to create a reform paradigm in which payment innovation serves practice innovation, with things that matter to patients as the paramount driver of reform.

The five sets of research findings guiding the project Team's recommendations are :

- A literature search in partnership with the University of Vermont Dana Medical Library;
- Key informant interviews with community-based health and supportive service providers in two rural primary care service areas;
- Key informant interviews with state policy and subject matter experts;
- Structured interviews with frail elders and their caregivers including home bound individuals in two rural primary care service areas, using both individual interviews and focus groups;
- Comparative analyses of the Vermont Household Survey and the Medicare Current Beneficiary Survey

The full text of the research studies can be accessed on the project web site

<http://www.vmsfoundation.org/elders>

[Type here]

Underlying project recommendations are research themes that are remarkably consistent across all five project research arms:

1. There are mismatches between what gets paid for and what's important to seniors;
2. Today's payment policies create significant inefficiencies and harm Vermont's seniors;
3. Physical health matters to seniors, but remaining at home, retaining autonomy, social engagement and feeling useful and valued matter at least as much;
4. Care should go to patients rather than patients having to come to care;
5. Control over health care budgets needs more community level influence;
6. Primary care is in critical condition, and we all need to rethink how to support it;
7. There are proven examples of how to do it better; and
8. There is a lot that can be done right now!

Recommendations

Our recommendations are all founded on what we were told by seniors, by community based clinical practitioners and support service providers who aid their elders every day, from Vermont subject matter experts and from a review of published literature with the assistance of our University library system. The recommendations are our sincere attempt to design a care model that reflects what we were told or has been published in the peer reviewed literature. We anticipate and encourage serious discussion about our recommendations. We also encourage efforts to increase the breadth or depth of our research where needed. That being said, we hope that discussion and policy will not spin away from what seniors say matters to them and the knowledge of their caregivers who know them so well. Our recommendations are presented as answers to four core questions: 1) Who are our high risk seniors? 2) How will we measure success? 3) How will we care for them? And, 4) How will we pay for their care?

1) Who are our high risk seniors?

A three step identification process is recommended. Initially, existing data such as billing data and structured data in medical records for all patients known to a practice should be screened for significant events, high utilization patterns, key diagnoses, social determinants of health and impairment in ADLs and IADLs if available. The resulting list of Identified patients should be reviewed for appropriateness by a dedicated practice senior care team. Subsequently practice team members can recommend additional patients known to them to be at risk of poor health outcome or a decline in the quality of their lives. All partner community support service providers are invited to recommend additional people in the community.

2) How will we measure success

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A multi-dimensional balanced evaluation is recommended. No single index of success is sufficient. Existing validated metrics should be used when possible and directly relevant to the process or system being evaluated. Annual ongoing comparisons to appropriate benchmarks should be utilized rather than pre and post measures. The evaluation should include measures in the following domains:

- Social, clinical, mental health and behavioral health as it relates to a person's ability to maintain or improve their health, e.g. PHQ9 screen for depression <http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/depression-in-adults-screening1>
- Functional measures including patient reported outcomes, e.g. Activities of daily living (ADL's) and instrumental activities of daily living (IADL's), measures of patient goals being met and independence with sufficient self-management support, e.g. modified CAHPS <http://www.ahrq.gov/>
- Provider reported process and outcome measures including measures of access, provider satisfaction, number of patients meeting clinical goals, number of eligible patients and number of patients moved to a lower level (better) of care.
- Utilization and financial measures including hospitalizations, ED visits, long term nursing home placement and claims paid (both numbers of claims and dollar amounts as well as site of service. This data should be evaluated on the chosen cohort of patients for a minimum of two years prior to entry into of the program and followed annually thereafter.

The clinical practices may have already developed measures for this population of patients that could be utilized to evaluate and monitor the population and this work that should be considered.

3) How will we care for them?

Each senior in the high risk group will have a comprehensive assessment by the practice's multidisciplinary primary care team. Key members of the team will be the primary medical practitioner, a care coordinator who is fully integrated into the primary care practice, and the patient and/or their caregiver. The assessment will include a visit to the patient's home and a discussion of needed home based services to support independence. Based on the assessment every high risk senior will have a care plan with guidance for the patient, for the family and for both clinical and community support providers. The care coordinator will be responsible for communicating with the appropriate community support providers.

Outside of the practice, but including the key representatives of the practice team, will be a primary neighborhood team. The neighborhood team will also include a representative of the primary care team as well as appropriate community health and supportive service providers, with the patient and family's consent. The neighborhood team will meet with sufficient frequency to review new and emergency cases as well as periodic reviews of shared patients and clients.

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A third layer of community coordination will occur at periodic meetings of representatives of the practice and community partners – a primary community team. This tertiary level of coordination will focus on the adequacy of the overall needs of the community's seniors and available local, state and federal resources.

4) How will we pay for their care?

Several funding mechanisms are in operation in the US and Canada that support all parts of the recommended care model. None of them support all the components of the recommended model, nor do any of them cast a wide enough net to capture all the high risk seniors in our rural communities. A few programs will be presented to highlight key issues including the Commonwealth Health Alliance's Senior Options Program and the CMS demonstration project, Independence at Home.

The paramount issue about payment is that a payment methodology should be the last question to be addressed. What matters to seniors as presented in the project findings needs to always be of primary importance and the final guide to any decisions about care model design, measures of success and funding mechanisms to support care.

As mentioned above our recommendations are based on the key findings from the five research arms. There is no existing system of care exactly like the proposed model; however, every component exists elsewhere, and most have been rigorously evaluated by independent qualified experts. Taken together, our recommendations outline a new model of care that is driven by the priorities identified by the seniors in our communities.