

## COMMUNICATION

### *Resources and Handouts*

VHCIP Core Competency Training Series, June 2016



Download All Materials Here: [www.gmsavt.org/health](http://www.gmsavt.org/health)

### Generic Communication and Interaction Resources

- **Getting Your Message Across: Communicating with People with Intellectual Disabilities**  
GMSA's comprehensive guide to successful communication.
- **Simply Put: A Guide for Creating Easy-to-Understand Materials.**  
The CDC's handbook for creating written materials that are accessible.
- **Health Care Tools for Patients, Providers, Family Members, and more**  
GMSA's list of tools and resources for patients, providers, family members, and others.

### Communication and Interaction Resources for Patients

- **My Health Passport**  
A form for communicating information about YOU to your health professionals.
- **Making an Appointment Worksheet**  
Worksheet covering information needed to make an appointment.
- **What to Bring to a Healthcare Visit Checklist**  
Checklist to get organized for health care appointments.
- **Symptoms Worksheet**  
Worksheet to help explain your symptoms to a health professional.
- **After the Visit Worksheet**  
Worksheet to help you make a follow up appointment, schedule an x-ray or lab, and pick up medications.

- **Assortment of Charts and Forms**  
An assortment of charts and forms such as daily food logs, sleep logs, medication logs, etc.
- **Prevent, Understand, and Live with Diabetes. A Guide for Individuals with Developmental Disabilities.**  
Accessible guide all about diabetes.
- **My Health Booklet Series**  
Online audio booklets to prepare for procedures such as pelvic exams, mammograms and colonoscopies.

### **Communication and Interaction Resources for Providers and Care Managers**

- **Communicating Effectively with People with Developmental Disabilities (DD)**  
Suggested communication tips for primary care providers.
- **Supported Health Care Decision-Making for Professionals and Policy Makers**  
Tips for supporting someone with a disability to make their own health care decisions.
- **What I Wish My Doctor Knew About Non-Traditional Communicators**  
Tips for doctors about communicating with people who are non-traditional communicators.
- **What I Wish My Doctor Knew About People who Accompany Us to OUR Medical Appointments**  
Things to remember when a person with a disability brings a support person to an appointment.
- **What I Wish My Doctor Knew About Me as a Person with Sensory Sensitivities**  
Tips for making visits more successful by taking into account sensory sensitivities.



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