

SAME BOAT CONSULTING

Leadership Self-Assessment

These questions are to help you reflect non-judgmentally on yourself as a leader. The goal is to accurately identify strengths and challenges, become more self-aware, and commit to ongoing growth. You can think through the questions quietly or write or draw your responses. You can answer each question in turn, pick a few that resonate to explore in depth, or return to the list in an ongoing way.

- What are my core values as a leader? For our team?
- What do I uniquely bring from my life experience to the table?
- What aspects of my leadership do I feel confident about? Proud of?
- What are my priority areas for growth?
- What would my colleagues say about me as a leader? (Peers vs. supervisors, supervisees?)
- How do I behave under stress?
- What would I like to try practicing as a leader that I haven't done yet?
- Have I made any epic failures as a leader so far & what did I learn from them?
- What quiet fears do I have that may impact my approach/effectiveness?
- What are 1-2 concrete goals I can set to grow as a leader in the next 3 months?