

## Transitions of Care Activity

### **Directions:**

Work in small groups on the case study assigned to you. List the things that need to happen and what your approach will be in the following areas:

- Patient/care giver engagement
- Medication Management
- Communication
- Coordination with other providers/services
- Care planning

### **Case Study #1**

One of your health homes patients, Mr. Jones, is a 65 year old with COPD, diabetes and depression. He was recently hospitalized for a foot ulcer that resulted in amputation of his foot. As the care manager, you receive a notice from his insurance company that he is being discharged from the hospital today to a rehabilitation facility for one week and then returning home. He takes metformin and insulin, will be leaving on two different antibiotics and uses supplemental oxygen for his COPD. He also takes Zoloft for his depression. He lives with his wife.

## **Case Study #2**

Ms. Sanchez is a 25 year old pregnant woman with a history of anxiety disorder and substance use disorder. She receives care from the primary care provider organization that you work with as a care manager. She was recently hospitalized in the psychiatric unit at the hospital for attempted suicide. She is being released home today and is supposed to follow up with her psychiatrist in 48 hours. She has been given new medication for anxiety and depression and is supposed to follow up with the high risk prenatal care clinic. She has also been referred to a drug counseling program and is supposed to follow up with them this week. She does not speak with her family but does have one friend that trusts.

### **Case Study #3**

Mr. Patterson is a 50 year old veteran with a history of alcohol abuse, bi-polar disorder, heart disease and periods of homelessness. He is one of your health homes patients and you receive a notification that he has been hospitalized after suffering a heart attack. He has been living in transitional housing. He will now be returning to transitional housing but also will need to do physical therapy and rehab three times a week. He has a brother who lives in another city that he lists as his emergency contact. He is leaving with a list of seven medication to take.