

Health Transitions: Pediatric to Adult Care

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Vermont Family Network

- Our mission is to empower and support all Vermont families of children with special needs.



OPENING IS GRAND



Learning Goals

- Learn the pieces of planning a transition policy/statement
- Understand a Plan of Care and how it can be used during transition
- Develop a transfer package for patient and new provider

Why is this important?

- CHANGE
- There are many things to be considered
- It's a long process, and preparations often begin far in advance

Why is this important?

- Maximize health, wellness, and happiness
- Vulnerable populations are complex and require additional planning
- It's a national priority in the Health and Human Service world

Why is this important?

“Optimal health care is achieved when each person, at every age, receives medically and developmentally appropriate care. The goal of a planned health care transition is to maximize lifelong functioning and well-being for all youth, including those who have special health care needs and those who do not.”¹

¹Supporting the Health Care Transition From Adolescence to Adulthood in the Medical Home
American Academy of Pediatrics, American Academy of Family Physicians, and American College of Physicians, Transitions Clinical Report Authoring Group
Pediatrics Jul 2011, 128 (1) 182-200; DOI: 10.1542/peds.2011-0969



Got Transition/Center for Health Care Transition Improvement has the aim of improving transition from pediatric to adult health care through the use of new and innovative strategies for health professionals and youth and families.

<http://www.gottransition.org/index.cfm>



Built around Six Core Elements that we will be highlighting throughout this presentation.

1. Transition Policy – “Discovery”
2. Transition Tracking and Monitoring – “Tracking”
3. Transition Readiness – “Preparing”



Built around Six Core Elements that we will be highlighting throughout this presentation.

4. Transition Planning – “Planning”

5. Transfer of Care – “Transitioning”

6. Transfer Completion – “Completion”

Practical Suggestions to Lay the Groundwork

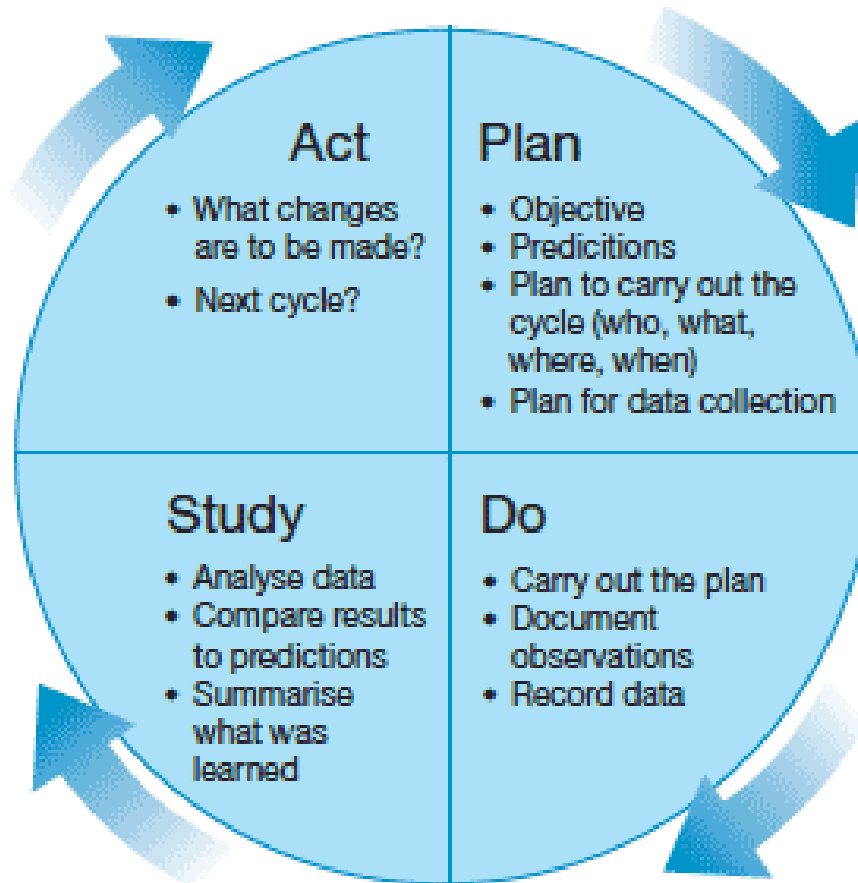
It is at this point you may want to engage in the Model for Improvement and PDSA (Plan, Do, Study, Act) cycle, which begins at the PLAN stage of change.

Practical Suggestions to Lay the Groundwork

The PDSA Improvement Process looks at the questions:

1. What are we trying to accomplish?
2. How will we know that a change is an improvement?
3. What changes can we make that will result in improvement?

Practical Suggestions to Lay the Groundwork





1. Develop a Transition Policy/Statement that describes a practical approach to transition processes.

What are some key terms/areas to focus on?

Example in Packet for Discussion

*From Got Transition Resources

Practical Suggestions to Lay the Groundwork

- Have a plan to ensure staff are all trained to follow the same procedures.
- Plan to have the policy/statement visible and shared with families/individuals you work with as well as staff.





2. Establish Tracking and Monitoring Systems

- Criteria and process to ID transitioning youth/individuals
- Use a flow sheet to track transition progress (sample of this is in your packet!)
- Embed the process into Electronic Record system if possible



STRETCH SLIDE ALERT



“Double bubble gum
bubbles double”





3. Transition Readiness

- Regularly conduct readiness assessments – recommend beginning at age 14 for pediatric – adult transitions
- Identify and discuss individual needs and goals





4. Transition Planning

- Who makes medical (financial, etc.) decisions?
- Is there a directory that would be helpful?
- Update/develop a plan of care – include transition readiness





5. Transfer of Care

- Confirm date of first new provider appointment
- Complete transfer package, including a letter to confirm details
- Confirm that new provider is ready and responsible



Let me
transfer you
to my other
hand.



WASH



6. Transfer Completion

- Follow up with individual/guardian 3-6 months after transfer





<https://www.youtube.com/watch?v=cjXurYrFMZM>

Becoming an Adult: Taking Responsibility for Your Medical Care

Published on Dec 6, 2013

Moving out of the pediatric health care world is a major milestone in every young adult's life. This video shows and describes ways for young people to be more involved in their health care, what skills they will need to be successful and how being a patient in the adult health care world will be different from their pediatric experience.

Adult Services

*Please see your packet for large
format handout.*

Panel – Real Experiences



Final Words, from Socrates



www.mivamerchant.com

